



St. Paul's

EPISCOPAL CHURCH

TENTH SUNDAY
AFTER PENTECOST

The Rev. Caleb Tabor,
Celebrant & Homilist

HOLY EUCHARIST
10:00 A.M. SERVICE
AUGUST 2, 2026

Prelude

Carol Yeargin, Organist

Please stand as you are able.

The Processional Hymn

"Joyful, joyful, we adore thee"

The Hymnal 1982 #523
Hymn to Joy

The Word of God

The Opening Acclamation

Book of Common Prayer (BCP) #376

Celebrant Blessed be God: Father, Son, and Holy Spirit.
People **And blessed be God's kingdom, now and for ever. Amen.**

The Celebrant says

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

The Song of Praise

"Praise to the Lord, the Almighty, the King of creation"

The Hymnal 1982 #390
Lobe den Herren

Praise to the Lord, the Al - might - y, the King of cre - a tion; O my soul,
Praise to the Lord! O let all that is in me a - dore him! All that hath
praise him, for he is thy health and sal - va - tion; join the great throng,
life and breath come now with prais - es be - fore him! Let the a - men
psal - ter - y, or - gan, and song, sound - ing in glad ad - o - ra - tion.
sound from his peo - ple a - gain; glad - ly for ev - er a - dore him.

The Collect of the Day

Celebrant The Lord be with you.
People **And also with you.**
Celebrant Let us pray.

Let your continual mercy, O Lord, cleanse and defend your Church; and, because it cannot continue in safety without your help, protect and govern it always by your goodness; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

Please be seated.

Children's Processional

"All things bright and beautiful" (v. 1)
Children's Chapel is for children 3 years old through 5th grade.

The Hymnal 1982 #405
Royal Oak

The First Reading

Genesis 32:22-31

A Reading from Genesis.

The same night Jacob got up and took his two wives, his two maids, and his eleven children, and crossed the ford of the Jabbok. He took them and sent them across the stream, and likewise everything that he had. Jacob was left alone; and a man wrestled with him until daybreak. When the man saw that he did not prevail against Jacob, he struck him on the hip socket; and Jacob's hip was put out of joint as he wrestled with him. Then he said, "Let me go, for the day is breaking." But Jacob said, "I will not let you go, unless you bless me." So he said to him, "What is your name?" And he said, "Jacob." Then the man said, "You shall no longer be called Jacob, but Israel, for you have striven with God and with humans, and have prevailed." Then Jacob asked him, "Please tell me your name." But he said, "Why is it that you ask my name?" And there he blessed him. So Jacob called the place Peniel, saying, "For I have seen God face to face, and yet my life is preserved." The sun rose upon him as he passed Peniel, limping because of his hip.

Reader The Word of the Lord.

People **Thanks be to God.**

Psalm 17:1-7, 16, Exaudi, Domine

Robert Knox Kennedy



- 1 Hear my plea of innocence, O LORD;
give heed to my / cry; *
listen to my prayer, which does not come from lying / lips.
- 2 Let my vindication come forth from your / presence; *
let your eyes be fixed on / justice.
- 3 Weigh my heart, summon me by / night, *
melt me down; you will find no impurity / in me.
- 4 I give no offense with my mouth as others / do; *
I have heeded the words of your / lips.
- 5 My footsteps hold fast to the ways of your / law; *
in your paths my feet shall not / stumble.
- 6 I call upon you, O God, for you will / answer me; *
incline your ear to me and hear my / words.
- 7 Show me your marvelous loving- / kindness, *
O Savior of those who take refuge at your right hand
from those who rise up a / gainst them.
- 16 But at my vindication I shall see your / face; *
when I awake, I shall be satisfied, beholding your / likeness.

The Second Reading

Romans 9:1-5

A Reading from the Letter to the Romans.

I am speaking the truth in Christ-- I am not lying; my conscience confirms it by the Holy Spirit-- I have great sorrow and unceasing anguish in my heart. For I could wish that I myself were accursed and cut off from Christ for the sake of my own people, my kindred according to the flesh. They are Israelites, and to them belong the adoption, the glory, the covenants, the giving of the law, the worship, and the promises; to them belong the patriarchs, and from them, according to the flesh, comes the Messiah, who is over all, God blessed forever. Amen.

Reader The Word of the Lord.

People **Thanks be to God.**

Please stand as you are able.

The Gradual Hymn

"Amazing grace!"

*The Hymnal 1982 #671
New Britain*

The Gospel

Matthew 14:13-21

Gospeller The Holy Gospel of our Lord Jesus Christ according to Matthew.
People ***Glory to you, Lord Christ.***

Jesus withdrew in a boat to a deserted place by himself. But when the crowds heard it, they followed him on foot from the towns. When he went ashore, he saw a great crowd; and he had compassion for them and cured their sick. When it was evening, the disciples came to him and said, "This is a deserted place, and the hour is now late; send the crowds away so that they may go into the villages and buy food for themselves." Jesus said to them, "They need not go away; you give them something to eat." They replied, "We have nothing here but five loaves and two fish." And he said, "Bring them here to me." Then he ordered the crowds to sit down on the grass. Taking the five loaves and the two fish, he looked up to heaven, and blessed and broke the loaves, and gave them to the disciples, and the disciples gave them to the crowds. And all ate and were filled; and they took up what was left over of the broken pieces, twelve baskets full. And those who ate were about five thousand men, besides women and children.

Gospeller The Gospel of the Lord.
People ***Praise to you, Lord Christ.***

People remain standing until the homilist invites all to be seated.

The Homily

The Rev. Caleb Tabor

A moment of silence follows the homily.

Please stand as you are able.

The Nicene Creed

BCP 358

***We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.***

***We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.
For us and for our salvation
he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary,
and was made man.***

***For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the
dead,
and his kingdom will have no end.***

***We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and
glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of
sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.***

The Prayers of the People

Form IV (adapted)

BCP 388

People's Response: ***Hear our prayer.***

Confession & Absolution of Sin

BCP 360

The Deacon or Celebrant says

Let us confess our sins against God and our neighbor.

Please kneel or stand as you are able. The Celebrant and People say

Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.

The Celebrant stands and says

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. ***Amen.***

The Peace

BCP 360

Celebrant The peace of the Lord be always with you.
People ***And also with you.***

Please be seated.

Welcome, Announcements, & Offertory Sentence

If you would like to donate online, follow the QR code found here or on the giving card in the back of the pews. At the end of the announcements, you are also welcome to come forward to make a special donation to Heifer International, a non-profit organization whose mission is to end hunger and poverty, to mark an anniversary, blessing, or other event.



The Holy Communion

The Offertory

Carol Yeargin, Organist

Please stand as you are able while the offering is presented.

The Offertory Response: The Doxology

Old 100th

Praise God, from whom all bless - ings flow; praise him, all crea - tures here be - low;
praise him a - bove, ye heaven - ly host: praise Fa - ther, Son, and Ho - ly Ghost. A - men.

The Great Thanksgiving

Eucharistic Prayer A

BCP 361

The People remain standing. The Celebrant faces them and says

Celebrant The Lord be with you.

People **And also with you.**

Celebrant Lift up your hearts.

People **We lift them to the Lord.**

Celebrant Let us give thanks to the Lord our God.

People **It is right to give God thanks and praise.**

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth. Through Jesus Christ our Lord; who on the first day of the week overcame death and the grave, and by his glorious resurrection opened to us the way of everlasting life. Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

Celebrant and People

The Sanctus: Holy, Holy, Holy

The Hymnal 1982 #S129

Ho - ly, ho - ly, ho - ly Lord, God of pow - er and might, heav - en and earth are
full of your glo - ry. Ho - san - na in the high - est. Bless - ed is he who
comes in the name of the Lord. Ho - san - na in the high - est.

Please stand or kneel as you are able.

The Celebrant continues

Holy and gracious Father: In your infinite love you made us for yourself; and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all. He stretched out his arms upon the cross, and offered himself, in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

Celebrant and People

Christ has died.

Christ is risen.

Christ will come again.

The Celebrant then continues

We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts.

Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through your Son Jesus Christ. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. **AMEN.**

The Celebrant then continues

And now, as our Savior Christ has taught us, we are bold to say,

The Lord's Prayer

BCP 364

**Our Father, who art in heaven,
hallowed be thy Name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.**

**Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those
who trespass against us.**

**And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom,
and the power, and the glory,
for ever and ever. Amen.**

People and Celebrant

The Breaking of the Bread

A period of silence is kept.

Celebrant Alleluia. Christ our Passover is sacrificed for us;

People **Therefore, let us keep the feast. Alleluia.**

Fraction Anthem: O Lamb of God

The Hymnal 1982 #S163

The image shows three staves of musical notation for the Fraction Anthem 'O Lamb of God'. The music is in G major (one sharp) and 3/4 time. Each staff begins with a treble clef and a key signature of one sharp (F#). The first staff has a 7-measure rest followed by the melody. The second and third staves continue the melody. The lyrics are written below the staves, with some words aligned under specific notes. The lyrics are: 'Lamb of God, you take a - way the sins of the world: have mer - cy on__ us.' for the first two staves, and 'Lamb of God____ you take a - way the sins of the world: grant us peace.' for the third staff. The melody features a triplet of eighth notes in the fourth measure of each staff.

Lamb of God, you take a - way the sins of the world: have mer - cy on__ us.

Lamb of God, you take a - way the sins of the world: have mer - cy on__ us.

Lamb of God____ you take a - way the sins of the world: grant us peace.

The Presentation & Invitation

The Celebrant says

The Gifts of God for the People of God.

Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

All are welcome to come forward for Communion, including children. Please follow the ushers' guidance as you come to the rail. If you would like a gluten-free host, extend your hands palms down. If you would like to receive the wine by intinction (dipping the bread in the cup), keep the bread in your hands and wait for the communion server to come to you with a pottery chalice. If you would like to drink from the chalice directly, please consume the bread first and a communion server will offer you the silver chalice (common cup). If it is not your custom to receive communion, you are still welcome to come forward for a blessing. Simply cross your arms across your chest and a priest will offer a blessing or a deacon will offer a prayer. A person may be available to provide prayers for healing in the back southwest corner of the church. Simply head to the back during communion distribution and wait for your turn.

Music During Communion

"I come with joy to meet my Lord"

*The Hymnal 1982 #304
Land of Rest*

"Jesu, Jesu"

*The Hymnal 1982 #602
Chereponi*

"Strengthen for service, Lord"

*The Hymnal 1982 #312
Malabar*

Please stand or kneel as you are able.

The Post-Communion Prayer

Enriching our Worship (EOW) 69

Celebrant and People

God of abundance, you have fed us with the bread of life and cup of salvation; you have united us with Christ and one another; and you have made us one with all your people in heaven and on earth. Now send us forth in the power of your Spirit, that we may proclaim your redeeming love to the world and continue for ever in the risen life of Christ our Savior. Amen.

The Blessing

Please stand as you are able.

The Retiring Processional

"Go forth for God"

*The Hymnal 1982 #347
Litton*

The Dismissal

BCP 366

Deacon Go in peace to love and serve the Lord.
People ***Thanks be to God.***

Postlude

Carol Yeargin, Organist

*The Altar Flowers are offered to the glory of God and in memory of my father, James Lawson Geldard,
by Alison Arnold.*

GENERAL INFORMATION

New to St. Paul's? Welcome! Please let us know you are here by filling out a visitor card in the pew. Stop by our Connecting Station in the narthex (lobby) to chat and find materials that might help if you are new to St. Paul's or The Episcopal Church. Join a tour of our campus the third Sunday of the month after the 10 a.m. service to learn more and meet others. Contact Mary Kintz, our Community Connector, at mary.kintz@stpaulscary.org to find out more about us!

Kids in Worship at St. Paul's: Children are always welcome in our worship services without exception, but if parents should wish for a space where your kids have more room to move around during the service, you are welcome to make use of the Comfort Room (glassed-in room at the rear of the worship space from which you can still hear and see the service). Ask an usher if you need help finding it. Also, our Kids' Club (free nursery care) is available during the 10 a.m. service, and infants/toddlers through 36 months (3 years old) are welcome to attend.

Accessibility: St. Paul's strives to make our services and programs comfortable and accessible to all. Ushers and Greeters are available to help. Please let us know how we can work together to improve your experience here.

Please wear your nametags when you're here at church! And if you don't yet have a nametag, please complete an order form in the narthex (lobby) so we can get you one!

HAPPENING TODAY – AUGUST 2, 2026

Welcome the Rev. Caleb Tabor: We are excited to have the Rev. Caleb Tabor serving as celebrant and homilist today!

Fr. Caleb serves as chaplain of the Raleigh Episcopal Campus Ministry, a community of faith for Raleigh-area college students and young adults. Fr. Caleb will be with us this Sunday and next, as Fr. Jay is away.

Children's Chapel: Children 3 years old through 5th grade are invited to process to Children's Chapel during the 10 a.m. service and will return to their families during announcements.

Favorite Hymn Discussion: During summer, members of the clergy or staff will lead a 20-minute discussion on one of the hymns included in Sunday's liturgy. Today, Music Minister Rusty McKinney will lead the discussion on "Go Forth for God" in the parish hall, beginning 15 minutes after the conclusion of the 10 a.m. service.

Popsicles and Parables: Programming is taking a pause this week as we rest from Vacation Bible Camp; you are welcome to stay and play on the playground and enjoy being together!

Men's Group Quarterly Meeting: Please join us in the parish hall today at 2 p.m. Over the course of about 90 minutes, we'll socialize, enjoy some snacks and refreshments, catch up on what's happening, and enjoy one another's company. Parishioner Joe Rabenstine will also be speaking about Creation Care, the diocesan ministry for environmental stewardship. We look forward to seeing you there.

PARISH ANNOUNCEMENTS

Summer Schedule Continues Through Sept. 6: Services are 8 a.m. (Rite I) and 10 a.m. (Rite II) through Sept. 6.

Vacation Bible Camp Invites YOU to Join our Fundraiser for Tools4Schools: This year, our VBC service project is supporting Tools4Schools, a program of WakeEd Partnership that provides free classroom supplies to Wake County Public School teachers. Many teachers spend hundreds of dollars of their own money to stock their classrooms, and Tools4Schools helps ensure students have the supplies they need to learn and succeed. Now through next Sunday, we invite you to donate new school supplies to help support local teachers and students; drop them in the bin in the narthex. More details about needed items can be found online; contact vbc@stpaulscary.org if you have any questions.

"Brighter Days Ahead" Fundraiser: Thank you to those who have already donated to the Brighter Days Ahead project, bringing us closer to our \$30,000 goal! Every donation will help refresh our most-used spaces, brighten our walls, and care well for the spaces God has entrusted to us. If you have walked through the narthex, met in the youth wing, or gathered in one of our offices, you will appreciate the importance of caring for these spaces. Let's use this one last Sunday to reach our goal!

We Will Dwell in Safety Prayer Vigil: Faith leaders from across the area are joining together for "We Will Dwell in Safety," a day of prayer and action, on Saturday, Aug. 8 beginning at 10 a.m. at Halifax Mall in Raleigh. SiembraNC and a coalition of churches across the state are promoting solidarity through prayer as a first step in keeping us all safe as we adjust to new laws and enforcement policies around immigration. If you would like to join us and wish to carpool, please contact Lynn Tovar (lztovar@uwalumni.com).

Prayer Vigil Poster Making: All are welcome to join us for a poster-making session in the St. Paul's youth wing ahead of the We Will Dwell in Safety Prayer Vigil (see above) on Thursday, Aug. 6 from 6-7:30 p.m. Please contact Lynn Tovar at lztovar@uwalumni.com if you would like to know more about bringing food/snacks and other supplies for this fellowship and solidarity event.

Racial Justice Pilgrimage Information Session: Join the Racial Justice Planning Group on Sunday, Aug. 9 at 11:30 a.m. as we discuss a three-year pilgrimage cycle to important sites in our denominational and national history. We will gather in the chapel to gauge interest in justice-focused pilgrimages to Richmond, VA in 2027; Washington, DC in 2028; and Montgomery, AL in 2029. Attending these sessions does not commit you to participating but will help us gauge interest as we begin planning. Signing up in advance for the meeting is appreciated but not necessary (link on the St. Paul's website). RJPG is grateful to the St. Paul's Endowment for financial support as we prepare this new formational and community-building offering.

Ice Cream Social with Rainbow Gathering and St. Paul's Youth: All are invited to join the Rainbow Gathering for ice cream on Sunday, Aug. 9, 1:30-3:30 p.m. in the youth wing. It will be a fun time of fellowship, building connections, and cooling off with a cool treat. For planning purposes, RSVP by emailing Deacon Erica Ridderman at erica@stpaulscary.org.

Mark Your Calendars for Lobster Fest on October 3: Mark your calendars for Saturday, Oct. 3 from 11 a.m. to 3 p.m. for the always fun, always delicious St. Paul's Lobster Fest! More information on how to order lobsters, lobster rolls and chicken dinners will be coming soon – along with details on how to join the team of volunteers making it all possible. Questions? Contact Vicki Bradley at vicki@lobsterfestcary.org.

We pray for Noah, Sally, Parrish, Janet, Nancy, Susan, Chuck, Carter, Anne, Ethan, Mary Jo, Judy, Carl, Martha, Henry, Althea, Jan, Zemiria, Henry, Louise, Terri, Lee, Andy, Benita, Mary, Sherry, Louane, Keith, Jimmy, Sharo, Claudia, Ethan, Mauricio, Allison, Theresa, Ben, Rich, Isabelle, Nancy, Chris, Paige, Mary Martha, Jerry, Erika, Stacey, Lisa, Kay, Jack, Carl, Jan, Quinn, Travis, Zachary, Bob, Claudia, Marsha, Travis, Savannah, Kathryn, Jackie, Ted, Renee, Xavier, Lambert, and Scott.

In the prayers for the deceased, we pray for we pray for Richard (Dick) Hershberger, Stuart Smith, Nancy Rehr, and Megan Viviani.

If you have a name you would like to include on the prayer list, or a ministry event that you would like to announce in this printed bulletin, please send information to announcements@stpaulscary.org. Names included in the prayer list will remain for a month, and we are happy to extend at your request. Please note that there is a 2-week lead time on printed announcements.



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Worship. Serve. Grow.
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The Rev. Dr. Erica Ridderman, Assistant Rector for Children, Youth, & Family Formation
The Rev. Candy Snively, Deacon
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