

# 2026 LENT PROGRAMS

## CHRIST'S OWN FOREVER

Renewing our Baptismal Covenant, going to the core of Christian life and practice, is the most ancient meaning of Lent, and it will prepare the parish for the next chapter in its ministry with the arrival of its new rector. The parish Lent program has five components:

### SUNDAY FORUMS

Each Sunday in Lent, beginning Feb. 22, we will explore an element of our Baptismal Covenant during the Sunday Forum at 10:20 a.m. in the sanctuary. A short lecture on a part of the Covenant will frame small group discussion.



### PERSONAL DEVOTION

On your own, follow our prompts to write, listen and pray to deepen your connection with the Baptismal Covenant. You will also be invited to define for yourself a meaningful fast from food and/or digital technology.



### QUIET DAY RETREAT

On March 14, noted retreat leader and spiritual director Kristen Leigh Mitchell is going to lead a Quiet Day retreat at St. Paul's, **"Returning to God: Rest, Repentance and Resistance."** Details can be found on the St. Paul's website.



### WEDNESDAY EUCHARIST

Every other week, starting with Ash Wednesday, we will gather with special devotion to celebrate our Lord's saving gift of himself. Services will be held at noon in the Church and at 7 p.m. in the Chapel on February 18, March 4 and March 18.



### HOLY WEEK SERVICES

Lent peaks with Holy Week, Palm Sunday (March 29) through Easter (April 5). In a succession of ancient rituals and special liturgies almost as old as Christianity itself, the parish will journey with Jesus through his passion and death, into his resurrection on Easter morning.



\* For those unable to attend Sunday Forums in person, parishioner Gerri Batchelor is offering a Zoom version from 7-8 p.m. on Tuesdays in Lent. There is a limit of 12 people for this online small group. To sign up, email Gerri at [gerrikairos@gmail.com](mailto:gerrikairos@gmail.com).