

St. Paul's Women's Beach Week (WBW) FAQ

What **is** WBW?

- 1) Anything you want it to be!!
- 2) A time away from your responsibilities, even if for just a couple of days.
- 3) An ocean front house with room assignments (we have designated "party" and "quiet" areas); where roommate requests are accommodated as possible, as well as any specific needs.
- 4) A multigenerational gathering of St Paul's women over the age of 18 (you can include other family members like your mom, sister, daughter, etc.)
- 5) A time to be social and/or spend quality time alone.
- 6) A time to kayak, walk the beach, lay in the sun, take a nap, play games, do puzzles, read, shop, go out to eat, share a beer or cocktail and so many laughs -- or do nothing at all.
- 7) Sometimes pure free entertainment.
- 8) An opportunity to hang out with and/or meet a bunch of wonderful women doing "nothing in the grandest style".
- 9) An opportunity to have quality time with like and diverse women.
- 10) Has coordinated transportation to reduce the number of cars. New friendships are often made before even reaching the beach house! If you'd rather drive on your own, that's ok, too.
- 11) Has "no fuss" shared meals (who wants to cook at the beach?) Bring a few assigned food items and help with a quick meal (or more if you are there for several days) and then relax the rest of the time! There are also opportunities to go out to eat.
- 12) Has an informal church service in one of the houses Sunday morning. Shorts/t-shirts are common attire. Enjoy the beautiful singing!
- 13) An opportunity to create strong and lasting friendships. It is one of the best ways, if not THE best way, to get to know women at St. Paul's.

What WBW **is not**?

- 1) An organized religious retreat.
- 2) A bible study event.
- 3) Intimidating -- everyone is very welcoming (remember they are on vacation too)!
- 4) A schedule driven event except for mealtimes if you participate in them.
- 5) A required stay for or any set amount of time. Stay as long as you'd like....one night or anywhere up to the whole week!

When is WBW?

The house(s) are rented Sunday to Sunday at Emerald Isle, NC - always two weeks before Mother's Day each year. The rental ends the Sunday before Mother's Day. Stay for as many nights as you'd like!

Please note: There are scholarships available if needed, to match up to 2 nights purchased.