



PAUL'S EPISCOPAL CHURCH

221 Union Street • Cary, North Carolina 27511

SEVENTH SUNDAY
AFTER PENTECOST

The Rev. Alice Graham Grant, Celebrant
The Rev. Kathryn Mathewson, Homilist

HOLY EUCHARIST
9:00 A.M. SERVICE
JULY 16, 2023

Prelude

Carol Yeargin, Organist

Processional

O Day of Radiant Gladness

Hymn 48

Liturgy of the Word

Opening Acclamation

The Celebrant says

Blessed be the one, holy, and living God.

People

Glory to God for ever and ever.

The Celebrant says

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. *Amen.*

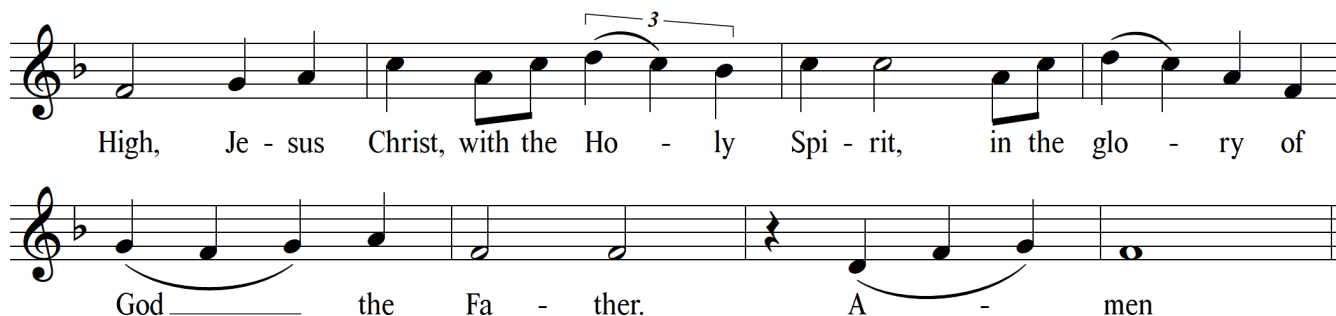
The following is sung.

Gloria

Glory to God

Hymnal S 280

1. Glo - ry to God in the high - est, and
peace — to his peo-ple on earth. 2. Lord God, heaven-ly King, al - mighty — God and
Fa - ther, we wor - ship you, we give you thanks, we praise you for your glo - ry.
3. Lord Je - sus Christ, on - ly Son of the Fa-ther, Lord God, Lamb of God, 4. you
take a - way the sin of the world: have mer - cy on us; 5. you are seat - ed at the
right hand of the Fa-ther: re - ceive our prayer. 6. For you a - lone are the
Ho - ly One, you a - lone — are the Lord, 7. you a - lone are the Most —



Collect of the Day

Celebrant The Lord be with you.
 People *And also with you.*
 Celebrant Let us pray.

O Lord, mercifully receive the prayers of your people who call upon you, and grant that they may know and understand what things they ought to do, and also may have grace and power faithfully to accomplish them; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. *Amen.*

Children's Processional

For the Beauty of the Earth

Hymn 416

Verse 1

Children's Chapel is for children ages 3 to 5th grade.

First Reading

Genesis 25:19-34

A Reading from Genesis.

These are the descendants of Isaac, Abraham's son: Abraham was the father of Isaac, and Isaac was forty years old when he married Rebekah, daughter of Bethuel the Aramean of Paddan-aram, sister of Laban the Aramean. Isaac prayed to the Lord for his wife, because she was barren; and the Lord granted his prayer, and his wife Rebekah conceived. The children struggled together within her; and she said, "If it is to be this way, why do I live?" So she went to inquire of the Lord. And the Lord said to her,

"Two nations are in your womb,
 and two peoples born of you shall be divided;
 the one shall be stronger than the other,
 the elder shall serve the younger."

When her time to give birth was at hand, there were twins in her womb. The first came out red, all his body like a hairy mantle; so they named him Esau. Afterward his brother came out, with his hand gripping Esau's heel; so he was named Jacob. Isaac was sixty years old when she bore them.

When the boys grew up, Esau was a skillful hunter, a man of the field, while Jacob was a quiet man, living in tents. Isaac loved Esau, because he was fond of game; but Rebekah loved Jacob.

Once when Jacob was cooking a stew, Esau came in from the field, and he was famished. Esau said to Jacob, "Let me eat some of that red stuff, for I am famished!" (Therefore he was called Edom.) Jacob said, "First sell me your birthright." Esau said, "I am about to die; of what use is a birthright to me?" Jacob said, "Swear to me first." So he swore to him, and sold his birthright to Jacob. Then Jacob gave Esau bread and lentil stew, and he ate and drank, and rose and went his way. Thus Esau despised his birthright.

Reader The Word of the Lord.
 People *Thanks be to God.*

Psalm of the Day

Psalm 119:105-112

- 105 Your word is a lantern to my feet *
 and a light upon my path.
- 106 have sworn and am determined *
 to keep your righteous judgments.
- 107 I am deeply troubled; *
 preserve my life, O Lord, according to your word.
- 108 Accept, O Lord, the willing tribute of my lips, *
 and teach me your judgments.
- 109 My life is always in my hand, *
 yet I do not forget your law.
- 110 The wicked have set a trap for me, *
 but I have not strayed from your commandments.

111 Your decrees are my inheritance for ever; *
truly, they are the joy of my heart.

112 I have applied my heart to fulfill your statutes *
for ever and to the end.

Second Reading

Romans 8:1-11

A Reading from Romans.

There is no condemnation for those who are in Christ Jesus. For the law of the Spirit of life in Christ Jesus has set you free from the law of sin and of death. For God has done what the law, weakened by the flesh, could not do: by sending his own Son in the likeness of sinful flesh, and to deal with sin, he condemned sin in the flesh, so that the just requirement of the law might be fulfilled in us, who walk not according to the flesh but according to the Spirit. For those who live according to the flesh set their minds on the things of the flesh, but those who live according to the Spirit set their minds on the things of the Spirit. To set the mind on the flesh is death, but to set the mind on the Spirit is life and peace. For this reason the mind that is set on the flesh is hostile to God; it does not submit to God's law - indeed it cannot, and those who are in the flesh cannot please God.

But you are not in the flesh; you are in the Spirit, since the Spirit of God dwells in you. Anyone who does not have the Spirit of Christ does not belong to him. But if Christ is in you, though the body is dead because of sin, the Spirit is life because of righteousness. If the Spirit of him who raised Jesus from the dead dwells in you, he who raised Christ from the dead will give life to your mortal bodies also through his Spirit that dwells in you.

Reader The Word of the Lord.

People *Thanks be to God.*

Gradual

Spread, O Spread, Thou Mighty Word
Verses 1,4, & 5

Hymn 530

Gospel

Matthew 13:1-9,18-23

The Holy Gospel of our Lord Jesus Christ according to Matthew.

People *Glory to you, Lord Christ.*

Jesus went out of the house and sat beside the sea. Such great crowds gathered around him that he got into a boat and sat there, while the whole crowd stood on the beach. And he told them many things in parables, saying: "Listen! A sower went out to sow. And as he sowed, some seeds fell on the path, and the birds came and ate them up. Other seeds fell on rocky ground, where they did not have much soil, and they sprang up quickly, since they had no depth of soil. But when the sun rose, they were scorched; and since they had no root, they withered away. Other seeds fell among thorns, and the thorns grew up and choked them. Other seeds fell on good soil and brought forth grain, some a hundredfold, some sixty, some thirty. Let anyone with ears listen!"

"Hear then the parable of the sower. When anyone hears the word of the kingdom and does not understand it, the evil one comes and snatches away what is sown in the heart; this is what was sown on the path. As for what was sown on rocky ground, this is the one who hears the word and immediately receives it with joy; yet such a person has no root, but endures only for a while, and when trouble or persecution arises on account of the word, that person immediately falls away. As for what was sown among thorns, this is the one who hears the word, but the cares of the world and the lure of wealth choke the word, and it yields nothing. But as for what was sown on good soil, this is the one who hears the word and understands it, who indeed bears fruit and yields, in one case a hundredfold, in another sixty, and in another thirty."

The Gospel of the Lord.

People *Praise to you, Lord Christ.*

Homily

The Rev. Kathryn Mathewson

Nicene Creed

All who are able, stand.

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen. We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

Prayers of the People

People's Response: *Lord, hear our prayer.*

Confession of Sin

The Deacon or Celebrant says

Let us confess our sins against God and our neighbor.

All who are able, kneel. Minister and People

Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.

The Priest stands and says

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. *Amen.*

Peace

Celebrant The peace of the Lord be always with you.

People *And also with you.*

BCP 360

Announcements

Liturgy of the Eucharist

Offertory

Carol Yeargin, Organist

Offertory Response

All things come of Thee, O Lord, and of Thine own have we given Thee.

Eucharistic Prayer 3

Enriching Our Worship I

The people remain standing.

Celebrant The Lord be with you.

People *And also with you.*

Celebrant Lift up your hearts.

People *We lift them to the Lord.*

Celebrant Let us give thanks to the Lord our God.

People *It is right to give our thanks and praise.*

The Celebrant proceeds.

All thanks and praise are yours at all times and in all places, our true and loving God; through Jesus Christ, your eternal Word, the Wisdom from on high by whom you created all things. You laid the foundations of the world and enclosed the sea when it burst out from the womb; You brought forth all creatures of the earth and gave breath to humankind.

Wondrous are you, Holy One of Blessing, all you create is a sign of hope for our journey; And so as the morning stars sing your praises we join the heavenly beings and all creation as we shout with joy:

Celebrant and People

Sanctus

Holy, Holy, Holy Lord

Hymnal S 129

Ho - ly, ho - ly, ho - ly— Lord, God of pow-er and might, hea-ven and earth are
full of your glo - ry, Ho - san - na in the high - est. Bless-ed is he who
comes in the name of the Lord. Ho - san - na in the high - est.

The Celebrant continues

Glory and honor are yours, Creator of all, your Word has never been silent; you called a people to yourself, as a light to the nations, you delivered them from bondage and led them to a land of promise. Of your grace, you gave Jesus to be human, to share our life, to proclaim the coming of your holy reign and give himself for us, a fragrant offering.

Through Jesus Christ our Redeemer, you have freed us from sin, brought us into your life, reconciled us to you, and restored us to the glory you intend for us.

We thank you that on the night before he died for us Jesus took bread, and when he had given thanks to you, he broke it, gave it to his friends and said: "Take, eat, this is my Body, broken for you. Do this for the remembrance of me."

After supper Jesus took the cup of wine, said the blessing, gave it to his friends and said: "Drink this, all of you: this cup is the new Covenant in my Blood, poured out for you and for all for the forgiveness of sin. Do this for the remembrance of me."

And so, remembering all that was done for us: the cross, the tomb, the resurrection and ascension, longing for Christ's coming in glory, and presenting to you these gifts your earth has formed and human hands have made, we acclaim you, O Christ:

Memorial Acclamation

Celebrant and People

Dying, you destroyed our death.

Rising, you restored our life.

Christ Jesus, come in glory!

The Celebrant then continues

Send your Holy Spirit upon us and upon these gifts of bread and wine that they may be to us the Body and Blood of your Christ. Grant that we, burning with your Spirit's power, may be a people of hope, justice and love.

Giver of Life, draw us together in the Body of Christ, and in the fullness of time gather us with blessed Paul, and all your people into the joy of our true eternal home.

Through Christ and with Christ and in Christ, by the inspiration of your Holy Spirit, we worship you our God and Creator in voices of unending praise.

Celebrant and People

Blessed are you now and for ever. AMEN.

And now, as our Savior Christ has taught us, we are bold to say,

Lord's Prayer

BCP 364

People and Celebrant

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven.

Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

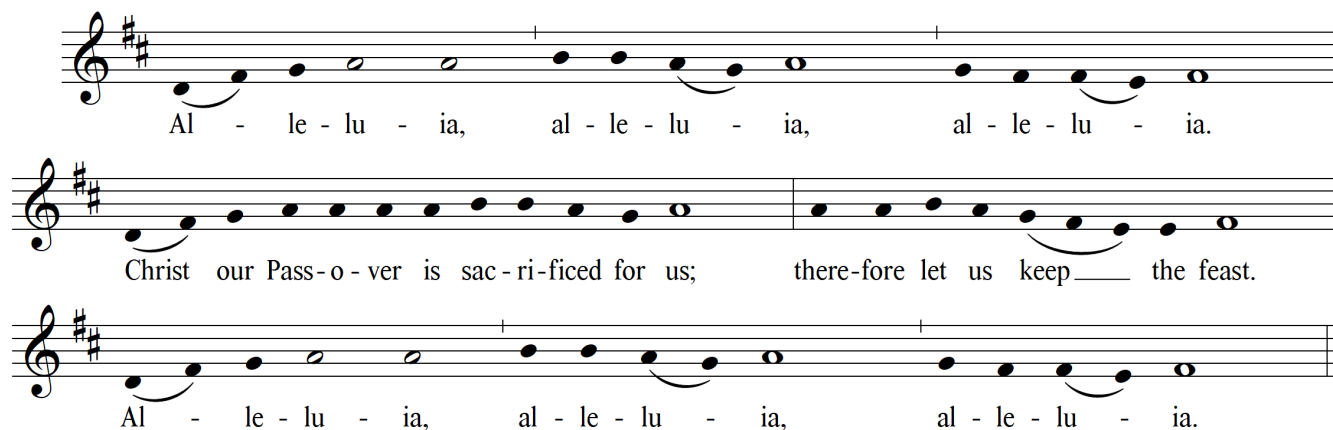
Breaking of the Bread

A period of silence is kept.

Fraction Anthem

Christ Our Passover

Hymnal S 154



Al - le - lu - ia, al - le - lu - ia, al - le - lu - ia.

Christ our Pass-o-ver is sac-ri-ficed for us; there-fore let us keep the feast.

Al - le - lu - ia, al - le - lu - ia, al - le - lu - ia.

Holy Communion

The Celebrant says

The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

All are welcome to come forward for communion. Please follow the ushers' guidance as you come to the rail.

If you would like to receive the wine by intinction (dipping the bread in the cup), keep the bread in your hands and wait for the communion server to come to you.

If you would like to receive from the common cup (drinking from the cup directly), please consume the bread first and then make your way to the steps at the end of the rail. A communion server will be there with the common cup.

If it is not your custom to receive communion, you are still welcome to come forward for a blessing. Simply cross your arms across your chest and the minister will offer a prayer. A priest is also available to provide prayers for healing in the back southwest corner of the church. Simply head to the back during communion distribution and wait for your turn.

Communion Music

O Spirit of Life, O Spirit of God
Lamp of Our Feet

Hymn 505

Hymn 627

If you are at home or otherwise unable to take communion, you may say the following prayer.

Spiritual Communion Prayer

In union, O Lord, with your faithful people at every altar of your Church, I desire to offer to you praise and thanksgiving. I remember your death, Lord Christ; I proclaim your resurrection; I await your coming in glory. Since I cannot receive you today in the Sacrament of your Body and Blood, I beseech you to come spiritually into my heart. Cleanse and strengthen me with your grace, Lord Jesus, and let me never be separated from you. May I live in you, and you in me, in this life and in the life to come. Amen.

Final Prayer

Celebrant and People

Loving God, we give you thanks for restoring us in your image and nourishing us with spiritual food as we hear your Word proclaimed and gather at your holy Table. Now send us forth a people, forgiven, healed, renewed; that we may proclaim your love to the world and continue in the risen life of Christ our Savior. Amen.

Blessing

Recessional Dismissal

Come, We That Love the Lord

Hymn 392

Deacon Let us go forth in the name of Christ. Alleluia, Alleluia.
People Thanks be to God. Alleluia, Alleluia.

Postlude

Carol Yeargin, Organist

The Altar flowers are given to the glory of God and in thanksgiving
for the birthday of Deacon Louane Frey.

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MISSION STATEMENT

Worship. Serve. Grow.

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The Rev. George Adamik, Rector
The Rev. Javier E. Almendárez-Bautista, Associate Rector
The Rev. Alice Graham Grant, Associate Rector
The Rev. Antoinette Wike, Priest Associate
The Rev. Candy Snively, Deacon
Russell McKinney, Minister of Music
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JULY 16, 2023

New to St. Paul's? Please let us know you are here by filling out a visitor card in the pew. Stop by our Welcome Station in the narthex (lobby) to chat with Greeters and find materials that might help if you are new to St. Paul's or the Episcopal Church. Contact Mary Kintz, our Community Connector, at mary.kintz@stpaulscary.org to learn more.

Children's Chapel: Children ages 3 through 5th grade are invited to process to Children's Chapel during the 9 a.m. service and return to their families during announcements.

Coffee Hour: The Children's Ministry Committee invites everyone to join us after the 9 a.m. service for Coffee & Chaos! We have coffee for adults and snacks for children just outside the Parish Hall lobby. The playground is open for free play, and the lobby has seats and restrooms inside. This is not just for families: all are welcome.

Adult Formation: Join us for a special forum on reading and praying the Psalms presented by Duke Divinity School intern Madeleine Preston on Sunday, July 30 at 10:15 a.m. in the Chapel.

Children's Sunday School, Youth Programming and EYC: All resume in September.

PARISH ANNOUNCEMENTS

Newcomer Tour Today: Those new or newly returned to St. Paul's who wish to know more can join a tour of our campus this morning at 10:15 a.m. Meet at the Welcome Station in the narthex (lobby).

Dorcas Ministries Christmas in July: St. Paul's is partnering with Dorcas Ministries in Cary for the Christmas in July campaign to stock their very busy food pantry. On Sunday of each week, we will be collecting very specific items in a bin in the narthex. Please abide by the schedule and drop *only the item of the week* each Sunday. Questions? Contact Mary Kintz (mary.kintz@stpaulscary.org).

Today: Baking Items (sugar, flour, cooking oil, mixes)

July 23: Toothpaste and Toothbrushes

July 30: Dog and Cat Food

Youth Fellowship with Episcopal Farmworker Ministry: The Youth of La Sagrada Familia in Newton Grove invite the Youth of St. Paul's Cary to Episcopal Farmworker Ministry on Sunday, July 23rd. We will attend church at La Sagrada Familia at 12 noon, eat lunch together and play soccer and field games. Meet in the parking lot of St. Paul's at 10:30 a.m. to carpool. We will be back at St. Paul's by 4 p.m. Please sign up by July 20th by emailing Ben Bricio, Youth Coordinator, at youth@stpaulscary.org.

Racial Justice Summer Book Groups: The St. Paul's Racial Justice Planning Group is offering three different selections for our summer reading series. We will have one 90-minute, in-person discussion group for each book on Sunday evenings from 7-8:30 p.m. at the church. Our selection for the July 30 discussion is "Beloved," by Toni Morrison. Please sign up in advance on the website or contact Aleta McClenney at aleta@att.net if you have questions.

Prayer List: Adelaide, Dave, Walt, Bob, Peggy, Lytvinenko family in Ukraine, Christa, Ann, Vickie, Ann, Melanie, Wendy, Clarence and Susan, Jodi, Lynn, Clint, Laura, Margaret, Ava, Millie, Ruby, Mary Jo, Sally, Bob, Thomas, Coby, Mary, Cindy, Nancy, Virginia, Daija, Dorothy, Kim, Lindsey, Des, Craig, Megan, Mary, Christine, Lizzie, Kathy, Judy, Russell, Christine, Alton, Doug and Jill.

If you have a name you would like to include on the prayer list, or a ministry event that you would like to announce in this printed bulletin, please send information to announcements@stpaulscary.org. Please note that there is a 2 week lead time on printed announcements.



St. Paul's Website