



PAUL'S LETTER

ST. PAUL'S EPISCOPAL CHURCH

St. Paul's Episcopal Church in Cary is home to an active, caring, and diverse congregation of the Episcopal Diocese of North Carolina. Through corporate worship, spiritual development, fellowship, and service we continue to grow together in faith. We strive to be Christ's welcoming, reconciling, and transforming presence in the world through our many and varied ministries.

Rector's Letter

Dear Friends:

On Sunday, September 13, St. Paul's was honored to welcome Dr. Everett B. Ward, the new president of St. Augustine's University in Raleigh. I've had the honor of meeting him a few times as he has hosted lunches for local clergy as a way of establishing relationships with the community. He is a wonderful man and a great leader. I'm excited about the future of St. Augustine's. Some of you may not know of St. Augustine's which has a rich and noble history.

A priority from the beginning, the institution recognized the importance of spiritual formation for its students. Affiliated with the Episcopal Church, Saint Augustine's University was started by twelve Episcopal priests to teach freedmen. On Tuesday, October 11, 1897, the Bishop of the Episcopal Diocese of North Carolina, the Rt. Rev. J. B. Cheshire, consecrated the university chapel. Alumnus Henry Beard Delany, the first African-American elected Bishop of the Episcopal Church in the United States, led as a teacher of carpentry and masonry at Saint Augustine's University. Students who were enrolled in the carpentry and masonry classes were required to construct the university's chapel, which is listed in the National Register of Historic Places. Delany and his wife, Nanny, were the parents of 10 children, all of whom were born at St. Agnes Hospital. Two of their children, Sadie and Bessie, are alumnae of Saint Augustine's University. The Delany sisters' best-selling memoir, "Having Our Say," was made into a hit Broadway play." (St. Augustine's website, www.st-aug.edu.)

It was in this very same chapel, a few years ago, that the Rev. Nita Byrd was ordained as a priest. Nita was a parishioner of St. Paul's and discerned a call to the priesthood – which was nourished and supported by our parish as she proceeded through the process of formation. Today, Nita is the chaplain at St. Augustine's, and as I've said in the past, as St. Paul's has nurtured and mentored many vocations to ordained ministry in recent years, a little bit of St. Paul's goes with each of them. As Nita serves as chaplain, and Dr. Ward begins his tenure as president, I look forward to ways we at St. Paul's can develop a deeper and ongoing relationship with this wonderful university.

George

What's Inside

About Our Church	2
Adult Education: Offerings	11-12
Arts & Crafts Festival	3
Calendar: October	17
Children's Ministries	6-8
Episcopal Youth Community	9, 10
Kickoff Sunday Attendance Record	2
Lobster Fest	3
Ministry of the Week: Coffee Hour	2
Music Ministry News	14, 15
MOMS Courses	12
Newsletter: Electronic File	5
Outreach: Dorcas	13
Outreach: Kairos	13
Outreach: Stop Hunger Now	14
Outreach: Veterans & Military	12
Preschool News	6
Prayer Stitches	4
Stewardship	16
Volunteers Needed	4
Wardens' Corner	2
Website: New & Improved	5
Women's Study Group	5

Next Newsletter

Deadline:

Wednesday,

Oct 21, 2015

at 10:00 a.m.

newsletter@stpaulscary.org

Warden's Corner



I want to briefly touch on a few items. Some of these items concern continuing transitions and exciting opportunities in the coming weeks and months:

- Kickoff weekend occurred on September 13th at which time St Paul's broke last year's kickoff attendance. While that is an exciting achievement the real highlight was the many programs, ministries, and the energy surrounding St. Paul's.
- St Paul's was blessed with the presence of Allen Waller during the last five weeks. September 20th was his last Sunday as an intern with us, and he will soon be returning to England. In the very near term we will be equally blessed with the return of the Rev. J. Carr Holland III from what he claims to have been a summer long work assignment!
- If you have not experienced it yet, St. Paul's has an awesome new website at the same address

www.stpaulscary.org . I want to thank those that made the new site a reality!

- The Stewardship 2016 campaign is beginning its kickoff. There will be many informational sessions and opportunities to participate over the coming weeks through "Grow the Vision – Go * Speak * Do"

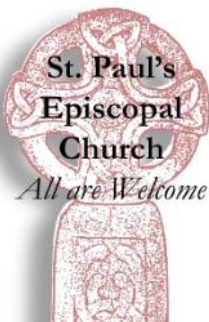
In the last newsletter I asked parishioners to prayerfully consider serving on the Vestry. If you receive a call from a member of the nominating committee please give this ask your prayerful consideration. You may nominate a fellow parishioner as well. Also, as I noted parishioners are welcome to nominate themselves in accordance with the by-laws. If this is your calling please let me know.

Prayerfully submitted,

Mike Krannitz,
Senior Warden.

Hospitality, Parish Life, and Pastoral Care

About Our Church



We rejoice in the baptisms of Owen Keith Ligay, son of Andrew and Allison Ligay; and Arielle Deborah Waller, daughter of Allen and Angelica Waller.

In the prayers for the deceased we pray for Caroline Bunting Schreier, aunt of Sallie Clement; for Catherine Mary Geldard, mother of Alison Arnold; for

Julia Wiggins, mother of Deborah Seehorn; and for Chris Beach, son of Pat and Kerry Beach and brother of Jessica.

We rejoice in the birth of Laurel Anne Sasser, granddaughter of Gwen Neidig.

Submitted by Melanie Fairbrother
Office Manager

Ministry of the Week



Oct 4	Youth
Oct 11	No Coffee Hour STOP HUNGER NOW event
Oct 18	Outreach Committee
Oct 25	Festival of Arts & Crafts

KICKOFF SUNDAY, September 13th, set a new attendance record of 531! Thanks to everyone who attended. Check out the photos of the congregations at stpaulscary.smugmug.com.

Lobster Fest Saturday, October 3rd

Enjoy!! By the time you read this you no doubt have placed your own orders for 1 ½ lb. Live or Cooked Lobsters, a Lobster Meal, and / or (you're allowed more than one) the delicious Quarta Pounda Lobsta Roll (served on a grilled La Farm Bakery Bun), plus Chicken Meals for the lobster-challenged, and for Kids. Many of you will have volunteered to help, most (hopefully) have handed out our Lobster Fest business cards to friends, some have passed out flyers, and probably ALL of you have told friends about this special St. Paul's Event.

HOWEVER, if someone reading this has delayed / forgotten / ignored acting on all the information, there may be an opportunity for redemption. If you read this message by Wednesday, September

30th, you can still place your order on-line (www.lobsterfestcary.com) and receive confirmation. You can still tell a friend(s) to place his / her / their order (orders) on-line. (And if this fails: we have ordered some extra to be sold on a first come basis that Saturday).

There will be Sunshine, Music, Laughter (at least two out of three guaranteed), Great Food, Fellowship. Make sure you are part of St. Paul's Lobster Fest, where the parish and community come together for a great time. Go to www.lobsterfestcary.com and make your day! (This is the gospel according to Larry [the Lobster], Chapter 9.)

Submitted by Ted Straub



Arts and Crafts Festival – Nov. 14

Mark your calendar for the Arts & Crafts Festival on Saturday, November 14, from 10:00 a.m. to 4:00 p.m. In addition to artwork and handmade items by local artisans, we'll also have food trucks, a cafe, a bake sale, and a huge raffle. But wait, there's more!

The Bells of St. Paul's will perform a special mini concert, and we'll have a strolling quartet of carolers.

The Prayer Stitchers will be selling a wide variety of items made by skilled needle crafters.

Best Friend Pet Adoption will bring dogs available for adoption from 11:00 a.m. to 3:00 p.m. (weather permitting). Please contact Dorothy Duke with any questions at dukedorothy26@gmail.com.

Back by popular demand, we will be offering mugs and framed photos

(trptychs) of the stained glass windows in the chapel. Both are great gifts, particularly for parishioners who have had special life moments in the

chapel. Mugs are available for \$20 each, and the triptychs are \$40. All sales will support outreach. Please reserve your mug or triptych today by contacting Dan Loughlin (loughlin@bellsouth.net).

The book sale will be back again this year. We'll start collecting books on Sunday, November 1. Please place them on or near the table in the hallway near the coat rack.

Are you an artist or crafter? If you're planning to donate handmade items for us to sell at the St. Paul's Table, please contact Dorothy Duke at dukedorothy26@gmail.com.

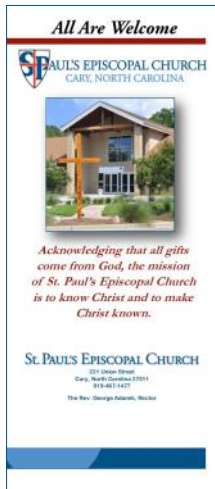
We need bakers to contribute to our bake sale. Please contact Gail Duncan at SHELDUNC@aol.com.

Volunteers are needed in all areas. If you can help, please contact Margie Best at mwbest@bellsouth.net.

If you have any questions about the festival, please contact Sally Moller at sbm2@nc.rr.com.

Submitted by Sally Moller





Volunteers Needed

Are you skilled at designing flyers and brochures? If so, perhaps you'd like to use your talents to help create attractive publicity materials for some of our St. Paul's ministries. This is a great

way to help out from home and on your own time. If you're interested, please contact the Communications Committee at Lannywase@mac.com.

Submitted by Lanny Wase

Prayer Stitchers Fall 2015

Prayer Stitchers is focusing on two big projects in October. If you enjoy needlecraft or would like to learn to knit or crochet, join us as we make items in support of Outreach Ministries.

First Project: Caps and scarves for homeless veterans and homeless families (adults and children). Caps and scarves for homeless veterans will be given to the St Paul's Veterans and Military Outreach ministry and delivered to the Durham Veterans' Hospital for distribution to homeless veterans who receive medical services there. Caps and scarves for homeless families will be given to local non-profit organizations which serve the homeless, including PLM-Families Together and WarmUp Raleigh.

Second Project: Items for sale at the Fall Festival of Arts and Crafts. Festival proceeds go to St. Paul's Outreach Ministries and we are busy making a variety of items in preparation for Prayer Stitchers' third year of participation in the Festival.

Would you like to make an item or items for one or more of these projects? We have yarn and patterns or you may use your own. If you can't attend meetings, we would still be very happy

to have items you make and to distribute them.

If you are new to knitting or crocheting, a scarf for a homeless person is a great first project and we have experienced needlecrafters who love to teach.

Yarn donations are needed. Prayer Stitchers will turn that yarn that you never get around to using into something useful. Give your leftover yarn a new life! We accept all yarn (even small pieces can be used). Your yarn may keep a homeless child or a homeless veteran warm this winter, it may become a chemo hat, it may become a hat for a new born, it may become an afghan for Appalachia Service Project, it may become something beautiful which will be sold at the Festival of the Arts to support outreach. The possibilities are endless! Please contact Carolyn Anderson (yourgifts@bellsouth.net - 919-460-9525) or Beth Barnes (eanbarnes@gmail.com - 919-380-7214) if you have yarn that needs to become something warm and beautiful!

If you have questions about Prayer Stitchers or would like more information, contact Beth Barnes (see link above) or Marilyn Mitchell (mdmitchell19@gmail.com, 919-800-7043).

Submitted by Beth Barnes



New St. Paul's Website!

Check out St. Paul's new website! The web address remains the same, www.stpaulscary.org, but the look is cleaner, fresher, and more appealing. The site contains up-to-date information on all the happenings in our parish, photos of activities and events, audio files of recent homilies, and much more. It's where to go for everything you want to know about St. Paul's!



Women's Study Group

The Women's Study Group will meet Tuesday, October 13th from 12:00 noon – 1:30 p.m. in the bride's room to discuss *The Boys in the Boat* by Daniel James. It celebrates the 1936 U.S. men's Olympic eight-oar rowing team—nine working class boys who stormed the rowing world, transformed the sport, and galvanized the attention of millions of Americans. Amazon review says, "How this team ... managed to work together and sacrifice toward their goal of defeating Hitler's feared racers is half the story. The other half is equally fascinating, as Brown seamlessly weaves in the story of crew itself. This is fast-paced and emotional nonfiction about determination, bonds built by teamwork,

and what it takes to achieve glory." This should be a wonderful book to discuss.

Our upcoming books include:

- November 10, *The Word Exchange* by Alena Graedon;
- December 8, *The Road to Character* by David Brooks;
- January 12, *Preparation for the Next Life* By Atticus Lish; and
- February 9, *Life From Scratch* by Sasha Martin.



Women's Study Group

We would love to have you join us for our discussions – even if you haven't finished the book! If you have any questions, contact Leah Dail at LeahDail@gmail.com.

Submitted by Leah Dail

The Newsletter is also available in pdf format



ST. PAUL'S EPISCOPAL CHURCH

Get your copy of this Newsletter, *St. Paul's Letter*, in pdf format. It looks better in color, it is easy to search, and all the hyperlinks work.

You may get both the pdf version and a printed paper copy in black & white, but if you opt to get **ONLY** the pdf version, you will save the church money for postage and printing.

Send an email to newsletter@stpaulscary.org and request an electronic version of the Newsletter. Include the word "ONLY" in your response if you want to receive **only** the pdf version and **not** have a printed copy of the Newsletter mailed to you.

Here's what's Happening in the Halls of St. Pauls!!!



Preschool News

Preschool is off to a great start! The children are learning their routines quickly, learning about themselves, their families, apples, farm animals, and much, much more.

The children had a blast at the Soccer Shots demonstration. Coach Trey showed them fun ways to kick the ball and score a goal. Everyone took a turn dribbling the ball while their friends cheered from the sidelines.

Muffins for Moms was a big hit. All of our wonderful Moms enjoyed eating a muffin before school and socializing with their preschool friends.

Our 2nd Annual Ice Cream Social was yummy and fun! We had around 100 people join us for ice cream!

The 3's, 4's, and TK classes attended chapel with Mother Cathy. They all

loved hearing her story and singing songs.

We are looking forward to October as Dads will get to come have donuts with us. We will celebrate Halloween in a non-spooky way and the 3, 4, and 5 year olds will proudly march in our annual Halloween Parade on Thursday, October 29th.

Happy Fall!!

October Dates:

October 7th and 8th - Donuts for Dads

October 21st and 22nd - Picture Day

October 26th - No School - Teacher workday

October 29th - Halloween Parade

Blessings

Brooke Bowersox

St. Paul's Preschool Director



Children's Ministries



Christine Ingram
Children's
Ministries Director
467-1477, ext. 19

Join us for a "Yam Jam"

All of St. Paul's is invited to join Pre-EYC at the "Yam Jam" for the Society of St. Andrew on the morning of Oct. 17, 2015. We will be gleaning sweet potatoes at a local farm - the sweet potatoes we gather will be



donated to local food banks and homeless shelters. We won't know our location until the week of our event (it should be within a one hour drive of Cary), and typical gleaning lasts from 9:00 a.m. to 11:00ish. No one is too old or too young to participate - all are welcome! Please email Christine Ingram (christine.ingram@stpaulscary.org) to RSVP for this event.



Society of St. Andrew

GLEANING AMERICA'S FIELDS ~ FEEDING AMERICA'S HUNGRY



Children's Stewardship Update

Our children continue to be generous and have increased the children's stewardship donations to almost \$350.00! From June 2015 to May 2016, children's stewardship funds are being collecting for Children's Stop

Hunger Now Day that will be held on May 15, 2016 at 10:10 a.m. Please contribute as the children continue toward their \$2900 goal which will fund the cost of the Stop Hunger Now Day.

Pumpkin Carving + Chili Cook-off + Carnival + Trunk or Treat= Fun!!!!

Boo! It is time for Halloween Fun! Please join us for our Annual Pumpkin Carving / Chili Cook-off on Oct. 25 from 5:00 p.m. to 7:00 p.m. All ages and stages are welcome at this parish-wide event!

Please bring your "gutless" pumpkin (remove seeds and pulp at home), carving tools, your adorable children (in costume, if desired), a pot of chili to be judged (optional, but prizes are awarded!) and a non-sweet side dish to share-dessert will be provided. We will begin the carving at 5:00 p.m., start judging chili at 5:15 p.m. (so be sure to have your pot in place), eat chili at 5:30 p.m., light the pumpkins at 5:45 p.m. and then start enjoying the youth festivities at 6:00 p.m. Children are encouraged to

wear their Halloween costumes. This year's youth activities include a carnival (all proceeds from the carnival go to Episcopal Farm Workers Ministry Missions) and Trunk or Treat!

We will also enjoy hotdogs, fixings, chips, and a sweet treat supplied by Children's Ministries (don't forget to bring a side item to share). Chili prizes will be awarded to the top chili recipes (spiciest, best vegetarian, most unusual and best all around), so dig through your recipe box and make your favorite chili! To make sure we have enough chili, we are asking all chili entrants to "pre-register" their recipe by emailing Christine Ingram and saying "I am bringing chili." Thank you!



Thank you from Sunday School

Thank you to all our families that were able to donate school supplies for Sunday school! We really appreciate your generosity. We also want to thank our 2015-2016 Sunday School Teaching Team: 3 Year Olds-Sandra Talbird, Richard Gray, and Emilie Hood; 4 Year Olds-Jane Womack, Cathy Connors, and Rachel Crigger; Kindergarten-Francine Pearce, Barb Villano, and Katie Childers; 1st Grade-Myrna Belington, Jodi Jeffries, and Amy Joyce; 2nd Grade-Lynn Tovar, LaQuinta Jernigan, Tara Muller, and

Cathy Lamb; 3rd Grade-Christina Catton, Sherri Hubbard, Susan Hill, and Colette Hibberd; 4th Grade / 5th Grade-Jill Zapadinsky, Ramsey McIntire, Mike Tanner, Heather Gates, and Suzanne Jennings.

Children ages 3 through 5th grade are welcome to join Sunday school at any time. Sunday school meets in the education building most Sundays, mid-September to mid-May, starting at 10:10 a.m. Please join us!



Pre-EYC

Pre-EYC has kicked off with a bang! All 4th and 5th Graders are welcome to join us for food and fellowship on the 2nd and 4th Sundays of each month. We meet in the parish hall from 11:15 a.m. to 1:00 p.m. October will be a special month as we will be doing our Reverse Trick or Treating at Glenaire on Oct. 11-we will

leave the church at 10:20 a.m. and parents can pick up their children at 1:00 p.m. More information about Reverse Trick or Treating will be available soon. Due to Pumpkin Carving, there will be no pre-EYC meeting on Oct. 25. Please contact Christine Ingram for more information.





Children's Chapel



Communion Class



Christmas Pageant

Clergy-Led Children's Chapel

Clergy-led children's chapel is underway! All 3rd, 4th, and 5th graders are invited to join our clergy for a "big kid" chapel session during the 9:00 a.m.

worship services on Oct. 18 and Oct. 25. Please join Father George, Dr. Cathy, and Father Carr for these special lessons!

Pajama Sunday

Wear Pajamas to Church? Why not? As a treat for all the children, Nov. 1 (Daylight Saving Sunday) will be "wear your pajamas to church" Sunday. Please follow dress code restrictions

established by Wake County Public Schools. We will also celebrate Daylight Savings with another Pajama Sunday on March 13, 2016.



Are you in touch with "What's Happening"?

If you would like to receive weekly emails about Sunday school lessons, Children's chapel lessons, and St. Paul's events for children, please email Christine Ingram at

churchschool@stpaulscary.org. Be in the know about all things related to children at St. Paul's!

Communion Classes – Planning ahead!

All children in 1st Grade and up that would like to receive Eucharistic education may participate in Communion Classes. In 2016 classes will be held on April 10, 17, and 24, 2016. Our Communion Celebration will be held at

the 9:00 a.m. Worship Service on May 1. Classes are led by our clergy and are held during the Sunday school hour. Please contact Christine Ingram with any questions.

Christmas Pageant– Start the Countdown!

Our Annual Christmas Pageant will be held at the 9:00 a.m. service on Sunday, December 13, 2015. All children ages 3 through 5th grade are invited to participate. Rehearsals are scheduled

for Friday evening, Dec. 11-speaking parts only, and Saturday morning Dec. 12 from 9:00 a.m. to 12:00 noon. Christmas Pageant participation forms will be distributed on October 25.

Date	Event	Date	Event
Oct 11	Pre-EYC Reverse Halloween Service Project	Dec 13	Christmas Pageant at 9:00 a.m. Service / No Children's Chapel / No Sunday School
Oct 17	Pre-EYC Gleaning with Society of St. Andrew (<i>All are Welcome</i>)	Dec 20	No Children's Chapel / No Sunday School / No Pre-EYC
Oct 25	Pageant Forms Distributed / Pumpkin Carving / No Pre-EYC	Dec 24	Christmas Eve Service for Families with young children at 4:00 p.m.
Nov 1	PJ Service / Daylight Saving Time Ends	Dec 27	No Children's Chapel / No Sunday School / No Pre-EYC
Nov 8	Pre-EYC	Jan 3	No Children's Chapel / No Sunday School
Nov 15	Pageant Parts Distributed	Jan 10	Sunday School Resumes at 10:00 a.m.
Nov 22	Pre-EYC at night (attend Youth Christmas play)	Feb 20	Teddy Bear Tea at 10:00 a.m.
Nov 29	Intergeneration Event – Coffee Hour / No Sunday School	Apr 10	Communion Classes Start
Dec 6	St. Nicholas Sunday / Last Day of Sunday School / Pre-EYC Christmas Party	May 1	First Communion Celebration at 9:00 a.m. service
Dec 11	Christmas Pageant Rehearsal 6:00 – 8:00 p.m.	Jun 20-24	Day and Evening VBS!
Dec 12	Christmas Pageant Rehearsal 9:00 a.m. – 12:00 noon		

Children's Ministries Coming Events



YOUTH

Fostering the love of Christ in the youth of St. Paul's.

Page 9

Youth Coordinator
Leah Dail
Leah.Dail@stpaulscary.org

The mission of the Youth Ministry is to develop a spiritually rich community of young people through fellowship, fun, education, service, and worship. Our Core Development Values are the foundation of our ministry and define what is most important. They are:

♦ Fellowship ♦ Education ♦ Fun ♦ Growth ♦ Spiritual Development ♦ Service ♦ Inclusiveness ♦ Respect

Youth Sunday School

Come join us for youth Sunday school beginning September 13th! There is a middle school class for 6th – 8th graders and another for high schoolers, grades 9 – 12. The Sunday school hour is from 10:10 a.m. – 11:00 a.m. (between services). Middle schoolers meet in the youth wing. And no need to go by Coffee Hour - we will have snacks for you there. High schoolers meet in Room 10 of the education building.

Our curriculum is *Episcopal Curriculum for Youth*, from Virginia Theological Seminary. The lessons for October are:

- 10/4 Know Yourself: Embraced by Jesus
- 10/11 Getting to Know Others: God's Encompassing Love
- 10/18 Getting to Know Others: No Strings Attached
- 10/25 Getting to Know Others: Walls Between Us

Episcopal Youth Community

Every young person in grades 6-12 who attends St. Paul's is welcome to be a part of the Episcopal Youth Community (EYC). The youth group is divided into middle school and high school programs, though sometimes activities are combined. Friends are always welcome to attend. EYC gathers on Sunday nights for fellowship

and fun activities from 5:00 – 7:00 p.m. with a shared meal at 6:30 p.m. We combine lots of zaniness – games, songs, lots of action – with worship and service. Our mission is to develop a spiritually rich community of young people through our programming and the presence of faith-filled adults. It's organized chaos but it works!

This is my commandment, that you love one another as I have loved you. No one has greater love than this, to lay down one's life for one's friends. You are my friends if you do what I command you. I do not call you servants any longer, because the servant does not know what the master is doing; but I have called you friends, because I have made known to you everything that I have heard from my Father.
John 15:12-15

Theme for October: Friends

We started the year off with "Welcome," so moving on to friends is an obvious next step. Friendships are so important to youth, and we want to foster those relationships here at St. Paul's. We will spend time looking at how God wants us to be friends and form friendships. Friendship is a about risky caring and respectful give-and-take. Jesus teaches us the value of having a circle of close friends while being open and welcoming toward new companions. Again, we can't do it alone – we need YOU here to share your gifts and make our community stronger!

Regular EYC on October 4, 11, and 18

Special EYC: October 25 – Carnival

It's time for our annual carnival that runs in conjunction with the Children's Ministry Pumpkin Carving. Come at 3:00 p.m. to set up and plan to stay until 7:30 – or until everything is cleaned up. Middle schoolers will set up and run the carnival games, and new this year, the high schoolers will create some "Trunk or Treat" cars decorated in the theme of their choice. Voting for the best cars will be by donations and the car with the most donations wins! All money collected from the games and "Trunk or Treat" will go to the Episcopal Farmworkers' Ministry.



The Youth Program Wants You!

Parents: We need volunteers to bring food to feed our hungry masses at EYC on Sunday evenings. The youth consistently rank dinner at EYC as one of their favorite parts of Youth Ministry. Please sign up at: www.signupgenius.com/go/8050d4baeaa229-stpauls. We ask that parents help 3 times a year.

EYC KICKOFF Photos

Do you enjoy working with youth? Do you love silly games and good food, music, and service? Sharing jokes, sharing faith, sharing a meal, sharing the journey? We have opportunities in EYC

on Sunday evenings. We are looking for faithful, fun adults to connect with the youth during the weekly programs and shared meals. Contact Leah Dail to get involved: Leah.Dail@stpaulscary.org.



Adult Education in October

ADULT BIBLE STUDY: "Great Themes of the Bible" is the focus of adult Bible study this year and includes four courses, each independent of the others, each seven sessions long, tracing some of the Bible's great themes through the Old and New Testaments. The enrollment period for the first course has ended. The second course, "God is Faithful" will be held October 28 – December 16 and will be led by the Rev. George Adamik. This course explores the relationship between God and people which is at the heart of the Bible's story, a relationship sparked by God's initiative, sustained by God's promise, and sealed in covenant terms. Participants have a cost of \$18 for a resource book. Child care is available. Enroll in this course by e-mail to Beth Barnes, eanbarnes@gmail.com, or at the adult education display in the narthex.

Sunday mornings between the 9:00 and 11:15 a.m. services .

CONVERSATION & COMMUNITY: in a small group setting, selections from Brian McLaren's book, *We Make the Road by Walking*, are used to facilitate spiritually-focused conversation and to foster friendships. Please come for one week, or all weeks, or anything in between. There is no need to sign up, no homework, and nothing to bring but yourself! This group is for anyone looking for something more casual than adult education forums in the chapel, but more structured than coffee hour. Meetings are in the church's conference room. **If you have any questions, feel free to contact Kasia Hinkson at kasiahinkson@gmail.com or at (919) 869-5106.**

FORUMS, presentations and discussions on a wide range of topics, are held in the chapel. On October 4, led by the Rev. Dr. Cathy Deats, the topic is *Lex orandi, lex credendi* [Liturgical Theology] (what does this mean and what does our service on Sunday have to do with what we do in the world?) Oct. 11, 18, and 25, the Rev. George Adamik will lead a three-part series on marriage. Watch for more information about this

series in bulletin notices and on the St. Paul's website. All are welcome to attend forums on Sunday mornings!

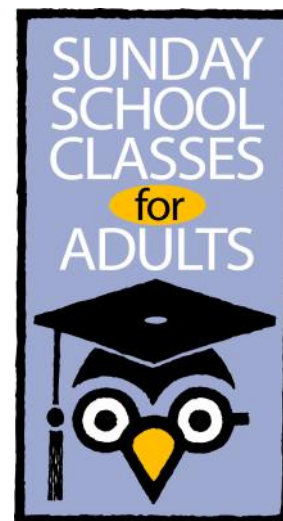
THE DAILY OFFICE is a series of prayers for daily devotions in the morning and evening. It can be read privately or corporately as a liturgy in church. The Daily Office Lectionary (BCP pg. 934) is a 2-year cycle of scripture readings which cover most of the Bible and recite the complete cycle of psalms every seven weeks. Daily Office recordings are made by St. Paul's readers and are available in MP3 format at www.stpaulscary.org. Readings by St. Paul's readers are also broadcast on the Church Broadcasting Entity Radio (THE-CBE.org). More information is available at the church web site.

THE JULIAN GATHERING meets on the second and fourth Wednesdays of each month at 9:15 a.m. for contemplative prayer and the study of Julian of Norwich. Julian was a 14th century mystic and author of *The Revelations of Divine Love*, often acknowledged as one of the world's great spiritual classics. October 14 and 28 are the next meeting dates. For more information, contact Lanny Wase, lannywase@mac.com, 919-466-9050.

MINISTRY OF MOTHERS SHARING (MOMS). MOMS is a course for women who would like to devote time to their spiritual development. This peer-led ministry offers mothers of all ages a place to share the stress, concerns, and positive experiences that have influenced their spiritual growth. At least one session of MOMS is offered each year. More information is available on page 12 of this Newsletter and at www.stpaulscary.org.

PEOPLE OF ALL COLORS AND CULTURES TOGETHER (PACCT) meets on first Tuesdays at 7:00 p.m. in the youth wing. We will continue our discussion on race relations and diversity in our community and America. Please join us

(Continued on page 12)



Adult Education in October *(continued)*

WOMEN'S STUDY GROUP



(Continued from page 11)

on October 6th for our next meeting! For more information text Andrea at 919-348-9599.

THE WOMEN'S STUDY GROUP is open to women who are interested in reading and discussing literature. The group alternates reading fiction and non-fiction each month. Many, but not all, of our selections have spiritual / religious

themes. The group meets the second Tuesday of the month from 12:00 noon to 1:30 p.m. in the bride's room. The next meeting is October 13. Child care is available on request. For more information, see the article on page 5 of this Newsletter, or contact Leah Dail, LeahDail@gmail.com.

*Submitted by Beth Barnes
and St. Paul's Adult Education Committee*



MOMS courses – Original and TNT

The MOMS Ministry will be offering 2 courses this fall: the Original MOMS Course intended for mothers of young children and the TNT MOMS Course for the mothers of teens and tweens (11-18ish). The courses run for 7 weeks with a celebration dinner at the end. The classes will meet separately:
Original course: Tuesdays, 10/13 – 11/24
TNT course: Mondays, 10/12 – 11/23

These courses provide an opportunity for women to develop self-esteem, relationship skills, and a more defined sense of their own spirituality at a time when they are facing the difficult challenges of raising a family. Childcare is provided. For more information, please contact Leah Dail at LeahDail@gmail.com or Alana Loughlin at loughlin@bellsouth.net.

Submitted by Leah Dail

Outreach

Backpacks for Veterans



VETERANS and MILITARY OUTREACH

The annual Backpacks for Veterans will begin in October. We will be collecting items in the narthex from Oct. 18 – Nov. 1. We need help in sorting and filling the backpacks in the parish hall during coffee hour on Nov. 1. The items needed include: rugged new backpacks, travel-size personal care items, flip flops, gym socks, wipes, and t-shirts. The backpacks will be distributed to homeless and transitioning veterans in the local area by the Durham VA

Hospital. Transitioning vets could be transitioning into the community thru training and education programs so the backpacks are very important! Please remember our female veterans and donate some female items as well. The Prayer Stitchers will be donating winter hats and scarves to be added to the backpacks. Thank you for your continued support of this much appreciated ministry!

Submitted by Brenda St. Laurent

Meet Steve Duke, Parishioner and Dorcas Ministry Volunteer

Steve was an Army brat and lived in many exciting places like France, Germany, and Alaska. He has been a member of St. Paul's since 1997 and was married at St. Paul's in 1998 to the former Dorothy Williams. Over the years Steve has participated in many ministries including Usher, Coffee Hour Host, Lobster Fest, Memorial Garden Committee, Lay Weeder, and Ministry Fair. Steve is also our newest volunteer at the Dorcas Thrift Shop where he prices clothing. Steve was surprised to see how large the Dorcas campus is and that there are over 500 volunteers who help keep things running. And like many, he had no idea of the number of ministries that are supported from the proceeds of the Thrift Shop including Crisis Ministry,

Food Pantry, Training Center, Jobs for Life, Education and Childcare Scholarships, Dorcas Hope Partnership and Medical Equipment Loan Program. As Steve said, "We all look around and see our towns as affluent, but there are a lot of needy people here too – think of how bad it must be in poorer communities."

Steve prices clothing at Dorcas and even helps with running the clothes to the floor. We are very happy to have Steve as our newest volunteer.

*Submitted by Nancy Fierke,
Dorcas Ministry Leader*



Kairos

Kairos #39 is over—but the effects remain. At the beginning of the weekend-long event, the ladies were seated in groups of 6 (referred to as Table Families), and they participated together in that group all weekend. At the closing ceremony, they were invited to respond to three questions, either as individuals or in groups (the Table Families.) The questions and some more of the responses are listed below:

Question 1: In what condition did you come to Kairos?

Question 2: What did you find here?

Question 3: What are you taking away with you?

Table Family 3

1. Depleted, dry, scared, nervous, anxious,
2. Christ personified, peace, peace of mind, hope, caring people
3. New friends, peace, overjoyed, new lifestyle, more than a label as a Christian

Table Family 4

1. Wounded, broken, confused, lost, closed off
2. Peace, love, acceptance, compassion, forgiveness, Grace, sisterhood
3. Better understanding, more faith, better understanding of Christ.

Forgiveness and love.

Individual 4

1. Confused, nervous
2. Comfortable with family sharing in a new way, found family, friends, peace of mind
3. A new outlook on life and other people

Individual 5

1. Bitter, confused
2. New friends, family, new attitude, forgiveness
3. An open heart and an open mind

Individual 6

1. Something was missing. I was looking for something.
2. I found it.
3. It is hard to walk out but I have Christ living in me, to walk with me

Individual 7

2. I found freedom. Okay, I'm here in prison, but I felt I wasn't in prison and just an inmate.
3. I am a child of God, very loved. God forgives me. I forgive myself. We can be free.

Watch for the last of the responses in the next newsletter.

Submitted by Gerri Batchelor





Are You Ready To Pack??

We have another opportunity to pack meals with STOP HUNGER NOW coming soon. We need about 70 volunteers to make this a successful event. The event is Sunday October 11th from 10:00 a.m. to 12:00 noon in the parish hall. We will be packaging 10,152 meals. The cost of this event is \$2944 (\$0.29/meal). Due to the generous support from our last event, we have \$747 that will go towards this event and the Men's Group of St Paul's have made a generous donation of \$750. We still need to raise \$1447. This need can be met if each participant makes a suggested donation of \$20 each. This is a family-friendly event and as such can place a financial burden on families that would like to participate – so support from those who cannot attend would be

greatly appreciated. This ministry is a very tangible way to reach out beyond our community to help those in dire need. As we continue to be blessed with nourishment each day, we need to continue to help nourish those who are much less fortunate. There is a new process for signing up and making donations. Please go to <http://events.stophungernow.org/StPaulsCary>, to register and make your donation. This new process is to protect all participants' personal information, and to provide immediate receipts for all donations. If you have any questions/concerns, please contact Glenda Swann at swann.glenda@gmail.com.

Submitted by Glenda Swann

Liturgy



Upcoming Music Events

Besides the usual Sunday offerings from the two adult vocal choirs, note the following appearances by other St. Paul's ensembles in worship services coming in October and early November:

October 4- 9:00 am – Bells of St. Paul's
October 18 – 9:00 am – Canterbury Bells & Canterbury Choir
November 8- 9:00 am – Epiphany & Advent Choirs, Advent Bells



Mark Your Calendar!

November 14 (Time TBA) - The Bells of St. Paul's will be performing a mini-concert at the Festival of Arts and Crafts, in the courtyard, weather permitting, or in the church, if the weather is not favorable. And as we did last year, a quartet of carolers will be

strolling through the festival in the morning!

December 20 at 4:00 p.m. - The St. Paul's Choir will present an Advent Lessons and Carols. The event is free and open to the public. Invite your friends!

Music Ministries Weekly Rehearsal Schedule

Tuesday		
6:00- 7:00 p.m.	Bells of St. Paul's	Church
7:00- 8:00 p.m.	Canterbury Bells	Church
8:00 -9:00 p.m.	Canterbury Choir	Choir Room
Wednesday		
6:00- 6:45 p.m.	Epiphany Choir	Church
6:00- 6:45 p.m.	Advent Choir	Choir Room
6:45- 7:15 p.m.	Advent Bells	Church
7:30- 9:30 p.m.	St. Paul's Choir	Choir Room
Thursday		
7:15- 8:45 p.m.	9:00 Choir	Choir Room

Ensembles Are in Full Swing

There are currently eight ensembles in regular rehearsal at St. Paul's. All three of the handbell choirs (Bells of St. Paul's, Canterbury Bells, and Advent Bells) are at capacity at this writing, but we can always use subs, so let me know if have handbell playing experience. And if you are interested in learning let me know, and we will see what we can do.

Epiphany Choir (Gr.K-2) is also very full, but we can take more appropriately aged children in that group.

Advent Choir (Gr.3-5) needs more voices.

Canterbury Choir (Youth) has already added 4 new members, but can use more voices, especially tenors and basses, but all voice parts are welcome.

St. Paul's Choir and *9:00 Choir* can use more voices as well. Again all voices parts welcome, but we especially need more sopranos and altos in both choirs.

There are lots of exciting things happening in Music Ministries. Don't wait any longer to join in. Get in touch with Rusty McKinney, Minister of Music at rusty.mckinney@stpaulscary.org or at 919-467-6241, to find out how to get involved.



What Music Ministries Did Last Summer

Besides the Sunday to Sunday leadership that the adult choirs gave throughout the summer, there were many things going on behind the scenes to be ready for the start of the new fall season. Here are some of the highlights.

Kevin Swann and his team removed all of the choral risers from the choir loft and stained and finished them. After they dried in the choir room, the team reassembled them back in the choir loft. And all during a two Sunday choir hiatus! They look beautiful. Thanks to Kevin and Company.

Then shortly thereafter, Lewis Moore, from Carolina Pipe Organ Company, turned the organ console around so the organist now faces the congregation instead of the back wall. The move was a little tricky, but was more easily accomplished than hoped. (Rusty supplied a little "brawn" to go with Lewis' know-how and muscle, and it was done in a couple of hours). While having no effect on the sound of the instrument, turning of the organ console around fixes several issues (sun in the organists eyes,

organist can see what is going on at the altar and the procession, and the organist can see the conductor). Thanks, Lewis!

If you thought the St. Paul's Choir was a little brighter and more uniform looking on Kickoff Sunday, then you were seeing the results of the "Gotta Get a Cotta" project that began this summer. One oft quoted bulletin blooper reads "*New choir robes are currently needed, due to the addition of several new members and to the deterioration of some of the older ones.*" That is actually a reasonable assessment of our situation! So, twenty-two new cottas were ordered including sizes specific for current members as well as some extras in various sizes. These, along with eleven cottas that were in good shape that we had of the same style and manufacture, give us thirty-three cottas. (That means we have room to grow membership, so now's the time to join!) We will soon need to replace the cassocks, but the cottas were the obvious first step to a better looking choir!



Growing the Vision: Go, Speak, Do!



**STEWARDSHIP
COMMITTEE**

St. Paul's recently celebrated "Kickoff Sunday," a special day when we launched fall ministry programs and activities. The energy of the day reflects the joy and excitement that lives within our parish community.

There is renewed energy around stewardship this year, too. We are delighted to introduce parish growth consultant Peter Saros, M.Div., to you. Please watch your mailbox for an invitation to be our guest at a special parish-wide dinner event on Wednesday evening, October 14, at which you'll have the opportunity to meet Peter in person.

Peter has worked with more than 150 parish communities over the course of many years and we are very happy to have him working with us this fall. Peter will share his specialized expertise to help us to meet the challenge of "growing the vision" we have for our church home. Growing the vision means

not only supporting our budget each year, but reaching toward a fuller achievement of an even broader scope of God's mission and vision for our parish community.

We look forward to having you join us as our guest for dinner on October 14 to meet Peter. (Childcare will be provided.) Together, we'll hear about his exciting plans for our stewardship campaign and how he will help St. Paul's to reach our goals and "grow" the vision.

In Service,

Your Stewardship Committee

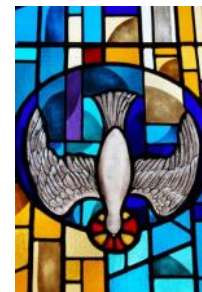
P.S. – Save the Date/s!

*Small Group Conversations:
November 6-7. More information will
come your way soon.*



Growing the Vision
*Go + Speak * Do!*

St. Paul's Episcopal Church ~ Stewardship 2016



Sunday Schedule

7:30 a.m. Eucharist Rite I
8:45-12:30 Kids' Club
9:00 a.m. Eucharist Rite II
9:00 a.m. Children's Chapel
10:00 a.m. Fellowship-Coffee
10:10 a.m. Education Hour

11:15 a.m. Eucharist Rite II
11:15 a.m. Children's Chapel
11:15 a.m. Pre-EYC (2nd & 4th Sunday)
5:00 p.m. Middle School EYC
5:00 p.m. High School EYC







2015

OCTOBER

Wednesday Schedule

10:30 a.m. Prayer Stitchers
12:15 p.m. Liturgy Meeting
6:00 p.m. Epiphany Choir
6:00 p.m. Advent Choir
6:45 p.m. Advent Bells
7:30 p.m. St. Paul's Choir

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>4 SUNDAY SCHEDULE</p> <p>2:00pm Blessing of the Animals</p>	<p>5</p> <p>7:00pm AA</p>	<p>6</p> <p>12noon Women's Study Group</p> <p>6:00pm Bells of St. Paul's</p> <p>7:00pm Mystery Book Club</p> <p>7:00pm People of All Colors & Cultures Together</p> <p>7:00pm Stewardship</p> <p>7:00pm Canterbury Bells</p> <p>8:00pm Canterbury Choir</p>	<p>7 WEDNESDAY SCHEDULE</p> <p>10:00am Prayer Stitchers</p> <p>12:15pm Liturgy Meeting</p> <p>7:00pm Baptism Class</p> <p>7:00pm Adult Ed: "God Saves A People"</p>	<p>1</p> <p>7:15pm 9:00 Choir</p>	<p>2</p>	<p>3</p> 
<p>11 SUNDAY SCHEDULE</p> <p>10:00am STOP HUNGER NOW</p> <p>11:00am Pre-EYC</p>	<p>12 COLUMBUS DAY</p> <p>6:30pm MOMS TNT</p> <p>7:00pm Finance Committee</p> <p>7:00pm AA</p>  <p>COLUMBUS DAY</p>	<p>13</p> <p>12:00noon Women's Study Group</p> <p>1:30pm Arts & Crafts Festival</p> <p>6:00pm Bells of St. Paul's</p> <p>6:30pm MOMS</p> <p>7:00pm Stewardship Comm.</p> <p>7:00pm Youth Committee</p> <p>7:00pm Canterbury Bells</p> <p>8:00pm Canterbury Choir</p>	<p>14 WEDNESDAY SCHEDULE</p> <p>9:15am Julian Gathering</p> <p>10:00am Prayer Stitchers</p> <p>12:15pm Liturgy Meeting</p> <p>6:30pm Church Development Event</p> <p>7:00pm Adult Ed: "God Saves A People"</p> <p>7:00pm MLRC</p>	<p>15</p> <p>7:15pm 9:00 Choir</p>	<p>16</p> <p>7:00pm Rainbow Gathering</p>	<p>17</p> <p>8:00am Children's Ministries</p> <p>12:00am Treasure Keepers</p>
<p>18 SUNDAY SCHEDULE</p> <p>6:30pm MOMS TNT</p> <p>7:00pm Vestry</p> <p>7:00pm AA</p>	<p>19</p> <p>6:30pm MOMS TNT</p> <p>7:00pm Vestry</p> <p>7:00pm AA</p>	<p>20</p> <p>1:00pm Communications Committee</p> <p>6:30pm MOMS</p> <p>7:00pm Stewardship</p>	<p>21 WEDNESDAY SCHEDULE</p> <p>10:00am NEWSLETTER DEADLINE</p> <p>10:00am Prayer Stitchers</p> <p>12:15pm Liturgy Meeting</p> <p>7:00pm Adult Ed: "God Saves A People"</p>	<p>22</p> <p>6:00pm Newcomers</p> <p>7:00pm Adult Ed. Committee</p> <p>7:15pm 9:00 Choir</p>	<p>23</p>	<p>24</p>
<p>25 SUNDAY SCHEDULE</p> <p>5:00pm Pumpkin Carving, Chili Cook-off, & Carnival</p> 	<p>26</p> <p>6:30pm MOMS TNT</p> <p>7:00pm Care & Share</p> <p>7:00pm AA</p>	<p>27</p> <p>1:30pm Arts & Crafts Festival</p> <p>6:00pm Bells of St. Paul's</p> <p>6:30pm MOMS</p> <p>7:00pm Thomas Merton Study</p> <p>7:00pm Stewardship</p> <p>7:00pm Canterbury Bells</p> <p>8:00pm Canterbury Choir</p>	<p>28 WEDNESDAY SCHEDULE</p> <p>9:15am Julian Gathering</p> <p>10:00am Prayer Stitchers</p> <p>12:15pm Liturgy Meeting</p>	<p>29</p> <p>6:00pm Newcomers</p> <p>7:15pm 9:00 Choir</p>	<p>30</p>	<p>31 HALLOWEEN</p> 

ST. PAUL'S EPISCOPAL CHURCH

Sunday Services: 7:30 a.m., 9:00 a.m., & 11:15 a.m.



ST. PAUL'S EPISCOPAL CHURCH

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The Rev. Dr. Cathy Deats, Associate Rector

Cathy.Deats@stpaulscary.org

The Rev. J. Carr Holland III, Associate Rector

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The Rev. Lois Reardin, Priest Associate

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The Rev. Antoinette Wike, Priest Associate

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The Rev. Candy Snively, Deacon

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Leah Dail, Youth Coordinator

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Melanie Fairbrother, Office Manager

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Vestry

Senior Warden: Mike Krannitz

Junior Warden: Julia Rudy

Beth Barnes, David Buchanan, Linda Cozzolino,

Dan Loughlin, Dave Mackie, Carter Collins,

Ralph Greco, Myra Hawkins, Sherri Hubbard

Treasurer: John Goehrke — Clerk: Lanny Wase

Sunday Service Schedule

7:30 a.m.	Eucharist Rite I
8:45 - 12:15	Kids' Club
9:00 a.m.	Eucharist Rite II
9:00 a.m.	Children's Chapel
10:00 a.m.	Fellowship-Coffee
11:15 a.m.	Eucharist Rite II
11:15 a.m.	Children's Chapel