



PAUL'S LETTER

ST. PAUL'S EPISCOPAL CHURCH

St. Paul's Episcopal Church in Cary is home to an active, caring, and diverse congregation of the Episcopal Diocese of North Carolina. Through corporate worship, spiritual development, fellowship, and service we continue to grow together in faith. We strive to be Christ's welcoming, reconciling, and transforming presence in the world through our many and varied ministries.

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Rector's Letter

Dear Friends:

Quite a few years ago St. Paul's purchased a neighboring property that was originally called Epiphany House, but for the last few years has been referred to as CHH, The Center for Hope and Healing. When we first purchased the house, for a few years, it was a residential rental. We had tenants who lived there and paid rent.

But the leadership of St. Paul's began exploring ways that the building could be utilized for ministry both within and beyond the parish. The CHH ministry, consisting of counseling, spiritual direction and classes for the community on health and wholeness already existed, and it was decided to renovate the house and move that ministry to that building. Thus the name of the building became the same name of the ministry utilizing the space.

Over the last few years the CHH ministry has touched many lives both within and beyond our parish family. However, the number of practitioners has never grown to fully utilize all the space in the building. So while the ministry of CHH continues with counseling and spiritual direction, the leadership of our parish has explored ways to broaden the utilization of the space.

We also thought it wise to give the building a new name which was not limited to just one ministry utilizing that space. At a recent vestry meeting we emphasized that we wanted the building to continue to be a place serving the wider community as well as folks at St. Paul's. As we discussed this we thought of the inspirational ministry of our former bishop, and present Presiding Bishop, The Most Rev. Michael Curry, who always called us to "Go to Galilee," to go beyond ourselves in service to the community. Thus we decided to name the building The Bishop Michael Curry Center, or Curry Center for short.

The Curry Center already is beginning to live into this role. A support group for families who have a member struggling with addiction is meeting in the space, as is Duke's Mindfulness Based Stress Reduction program, known as MBSR. We are exploring additional ways to utilize the Curry Center for St. Paul's ministries, including Outreach, Adult Formation program, and the new Lifelong Learning ministry. I believe the Curry Center opens up exciting possibilities, both for our Parish and the larger community.

George

**Vestry
Nominations.
See Page 2**

Next Newsletter

Deadline:

Wednesday,
October 19
at 10:00 a.m.

newsletter@stpaulscary.org

Warden's Corner



The vestry has been hard at work this fall. As many of you know, the mortgage was due for refinancing, and I am happy to announce that the vestry has approved a new rate which is lower than our previous rate – positioning us well for the next 5 years.

The parish workday was September 24th; a special thank you to all who came out and worked to keep the campus looking great!

Finally, please mark your calendars for the Annual Meeting, Sunday,

November 6 between the 9:00 a.m. and 11:15 a.m. services. Please be aware that this is when the election of the incoming vestry will take place. Keep an eye out, in the weeks leading up to the election, for the vestry nominee questionnaire and information on each candidate.

Looking forward to seeing everyone at Lobster Fest!

Prayerfully submitted,

*Your Senior Warden,
Julia Rudy*

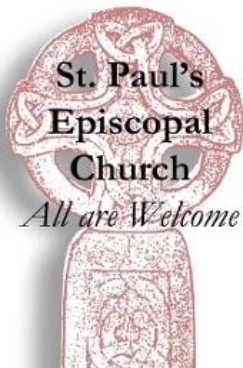
The Vestry Nominating Committee is currently seeking nominations for the 2017 - 2019 Vestry class! Parishioners are encouraged to submit names of individuals who could potentially serve on the Vestry. Nomination submissions are due October 2nd. Contact Julia Rudy at jbrudy@yahoo.com with submissions or questions.

St. Paul's Annual Meeting



November 6th
Between 9:00 & 11:15 a.m. Services

Hospitality, Parish Life, and Pastoral Care



About Our Church

We express our sympathy to Don Johnston and his family for the death of his wife, Justine Johnston; to Melanie Fairbrother for the death of her aunt, Grace Hunter; to Sarah Collins for the death of her sister in law, Caylee Collins; to Tim and Elaine Hunt for the death of their friend, Robert J. Harvey; to Rebecca and Jason Sayers for the death of their friend, Mickey Bartells; to Gary Cozzolino for the death of his father, Lou Cozzolino; to Emery Anderson for the death of his cousin, Michael Fisher Widdison; to Joe Ryan for the death of his mother, Margaret Egan Ryan; to Tom Fransen for the death of his father, Bob

Fransen.

We rejoice in the baptism of Shepherd Robert Strehle, son of Josh and Caroline Strehle.

We give thanks for the births of June Elizabeth Brandon and Eleanor Dallas Brandon, twin daughters of Ashley and Richard Brandon and granddaughters of Scott and Melanie Fairbrother; Dawson Thomas McCrickard, son of Anna and Brian McCrickard and grandson of Tom and Sharon Beauchamp; and Timothy Edward Hibberd, son of Colette and Owen Hibberd.

*Submitted by Melanie Fairbrother
Office Manager*

Lobster Fest Saturday, October 1

If you subscribe to the newsletter electronically, you are probably seeing this a couple of days before the Big Event. If you wait for the mailed version, timing is such that Lobster Fest may have occurred before you see your newsletter.

All is in place, tents are up everywhere (got you covered whether the sun shines or it doesn't!), the Party Pack Delivery Team departs the Wharf early Saturday with live lobsters for Home Lobster Parties, two music groups will entertain those who pick up their precious Lobster or Lobsta Roll cargo, as well as the many who enjoy eating with friends in the Lobster Shack or in the Lobster Courtyard.

More than 150 "volunteer positions" will be filled on Lobster Saturday by St. Paul's parishioners (about the number of members in the median size Episcopal Church). Lobster Fest "reaches out", as more than 2,000 of the lobsters and Lobsta Rolls eaten will be enjoyed Fest Day by people in the community that are not members of St. Paul's.

Lobster Fest is a St. Paul's Community effort that serves our greater community, and with proceeds benefitting an even larger community. We thank all of you!

Submitted by Ted Straub



The Ministry List: A Very Handy Reference Found on our Website

Ever wonder who to contact about a specific ministry? Or maybe you'd like to know what groups can be found under Outreach. The Ministry List is a very handy reference listing of all the groups within our parish and the contact person(s) for each one. This list can be found on the St. Paul's website (<http://www.stpaulscary.org>) under Resources>Ministry Resources>Ministry Groups and Committees. Check it out!

Sponsored by the Ministry Leader Resource Committee (MLRC)

Ministry of the Week



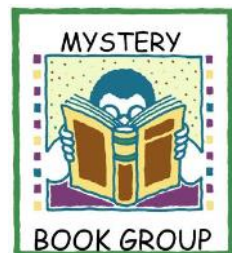
Oct 2	Dorcas Ministries
Oct 9	No Coffee Hour (STOP HUNGER NOW event)
Oct 16	Outreach
Oct 23	Arts & Crafts Festival
Oct 30	Memorial Garden

Mystery Book Club meets at Starbucks

The next meeting of the Mystery Book Club is Tuesday, October 4th, at Starbucks at Cary Town Center at 7:00 p.m. This month's book is *A Great Deliverance* by Elizabeth George. Come

and have a coffee or smoothie and a chat. If you have any questions please contact Sarah Collins at 919-342-3699 (H) or 919-757-2086 (c).

Submitted by Sarah Collins



Stay at Home Parents Group

All stay at home parents! Come join us on Monday mornings at 9:30 a.m. in the kids' club for some relaxed free play for kids and socializing for adults. Don't miss your chance to get to know fellow St. Paul's church and preschool families.

Contact Cecilia Lancia (cecilialancia@gmail.com) or Amy Borbet (aborbet@gmail.com) for details.

Submitted by Amy Borbet



Women's Study Group



Women's Study Group

The Women's Study Group will meet Tuesday, October 11th from 12:00 – 1:30 p.m. in the bride's room to discuss *All the Light We Cannot See* by Anthony Doerr. The Amazon review says, "From the highly acclaimed, multiple award-winning Anthony Doerr, the beautiful, stunningly ambitious instant *New York Times* bestseller about a blind French girl and a German boy whose paths collide in occupied France as both try to survive the devastation of World War II." It will be an interesting book to discuss.

Here is a list of our upcoming books:

- ♦ November: *The Faith Club: A Muslim, A*

Christian, A Jew – Three Women Search for Understanding by Ranya Idliby and Suzanne Oliver.

- ♦ December: *Raney* by Clyde Edgerton.
- ♦ January: *Convictions: How I Learned What Matters Most* by Marcus Borg.

We will select our next slate at the September meeting.

We would love to have you join us for our discussions – even if you haven't finished the book! If you have any questions, contact Leah Dail at LeahDail@gmail.com.

Submitted by Leah Dail



Newcomers Class

From the Newcomer Ministry

There will be a newcomers class for all who are interested in learning about St. Paul's. It will be three Monday evenings, Oct. 3, 10, and 17 in the sanctuary, 7:00–8:15 p.m. The classes will be led by Father George, while other clergy and ministry leaders will come in

to share information about the many opportunities in which to participate. For more information, contact Frank & Anne Laney, annewlaney@gmail.com, or call (919) 460-0835.

Submitted by Anne Laney

ASP 2016 – Please Be Our Guest for Lunch!

Ever wonder how to install laminate?

Don't know the difference between a chop saw and a miter saw?

Need some expert advice on hanging sheet rock or tearing out insulation?

Then come have a conversation with the St. Paul's ASP crew at our Sharing Luncheon for the parish. Please join us on October 16 at 12:30 p.m. in the fellowship hall so those who went on ASP this summer can say thank you to everyone at St. Paul's for their support of this mission trip. Come meet the

volunteers, hear about our experiences, and be our guest for sandwiches, salad, and ice cream sundaes! RSVPs are not required but would be appreciated.

Please email

alanaloughlin@bellsouth.net with the number who will be attending from your family. We hope you will join us so that we can say thank you in person and treat you to lunch for all the ways you made our trip to Cocke County, Tennessee possible.

Submitted by Aleta McClenney



Arts & Crafts Festival

Our 4th annual Arts & Crafts Festival for Outreach will take place at St. Paul's on Saturday, November 12, from 10:00 a.m. to 4:00 p.m. The parish hall will be filled with local artisans selling a wide variety of handmade crafts, including woodworking, fiber art, pottery, jewelry, glass, paintings, and more. In the narthex you'll find an impressive display of hand knit and crochet items by the Prayer Stitchers, along with beautiful handmade gift items on the St. Paul's table, all donated by members of St. Paul's. The hallway to the youth wing will host a large raffle in which you can choose from among an assortment of prizes including handmade items, merchandise, gift cards, and tickets. The youth wing will have a book sale, bake sale, coffee, and tables to sit and eat your lunch, which you can buy from the two food trucks outside. From 11:00 a.m. until noon you can enjoy a concert by the Bells of St. Paul's in the church. In the afternoon, you'll be entertained by strolling carolers from St. Paul's choir.

All are welcome, so tell your friends, spread the word, help to make our festival a success. Proceeds will support Dorcas Ministries, Wheels4Hope, and other local outreach projects.

Please check our website at www.stpaulscary.org/festival/ for information and to see how you can help.

We need volunteers in many areas. If you have any questions about volunteering, please contact Katie Robinson at 919-247-3472 or katie015@bellsouth.net or sign up at <http://www.signupgenius.com/go/20f0a4cfa72ba20-volunteers/>.

If you like to bake, please sign up to donate to our Bake Sale at <http://www.signupgenius.com/go/5080d4eaaa62da31-stpauls>.

To donate new, handmade items for the St. Paul's Table, please contact Brock Fransen at 919-481-1026 or bfransen@bellsouth.net.

Please mark your calendar and make plans to be there!

Submitted by Sally Moller



Lifelong Learning at St. Paul's

Do you have skills or experience that you would like to share with your fellow parishioners and the broader community? Do you enjoy learning and trying new things? If either is true, St. Paul's new Lifelong Learning ministry may be your outlet!

A number of offerings have already been lined up. For example, Nancy Harrell will be leading a yoga class on Sunday afternoons from 2:00 - 3:00 p.m., starting on September 25th. If you've been wondering whether yoga is for you, this is a good chance to try it out in a friendly (and free!) environment. Please email Nancy at nharrellmt@nc.rr.com for more information.

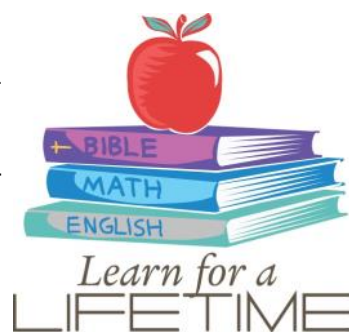
Then, on Wednesday, October 26th, starting at 6:00 p.m., Bill Gautier will offer a session on "Checklists for Life." What

kind of things do you need on your checklist? Come and be part of that discussion. You can email Bill at goats1@gmail.com for more information or to sign up.

We've got lots of other ideas for programming ... topics such as applying to college, dealing with bullying, interviewing skills, adoption, parenting, testing your mobility (for seniors), and more!

Do you have an idea for programming? Please email Carter Collins at cartsmarts@yahoo.com or Dan Loughlin at danloughlin@gmail.com if you have a suggestion or would like to propose an offering for the Lifelong Learning programming team to consider.

Submitted by Dan Loughlin



Children's Ministries



Christine Ingram
Children's
Ministries Director
467-1477, ext. 19

Join us for a "Yam Jam"

Do your kids like to play in the dirt and go on treasure hunts? Then join us at the Yam Jam! Sweet potatoes hide just under the surface of the soil and finding them is so much fun! All of St. Paul's is invited to join Pre-EYC and EYC at the "Yam Jam" for the Society of St. Andrew on the morning of Oct. 8, 2016. We will be gleaning and harvesting sweet

potatoes at a local farm in Louisburg, NC- the sweet potatoes we gather will be donated to local food banks and homeless shelters. No one is too old or too young to participate-all are welcome! Please email Christine Ingram (christine.ingram@stpaulscary.org) to RSVP for this event.



Pumpkin Carving + Chili Cook-off + Carnival + Trunk or Treat= Fun!!!!



Boo! It is time for Halloween fun! Please join us for our Annual Pumpkin Carving / Chili Cook-off on Oct. 30 from 5:00 to 7:00 p.m. All ages and stages are welcome at this parish wide event!

Please bring your "gutless" pumpkin (remove seeds and pulp at home), carving tools, your adorable children (in costume, if desired), a pot of chili to be judged (optional, but prizes are awarded!) and a non-sweet side dish to share – dessert will be provided. We will begin the carving at 5:00 p.m., start judging chili at 5:15 p.m. (so be sure to have your pot in place), eat chili at 5:30 p.m., light the pumpkins at 5:45 p.m. and then start enjoying the youth festivities at 6:00 p.m.

Children are encouraged to wear their Halloween costumes. This year's youth activities include a carnival (all proceeds from the carnival go to Youth Ministry Missions) and Trunk or Treat!

We will also enjoy hotdogs, fixins', chips and a sweet treat supplied by Children's Ministries (don't forget to bring a side item to share). Chili prizes will be awarded to the top chili recipes (spiciest, best vegetarian, most unusual and best all around), so dig through your recipe box and make your favorite chili! To make sure we have enough chili, we are asking all chili entrants to "pre-register" their recipe by emailing Christine Ingram and saying "I am bringing chili". Thank you!

Thank you to our 2016-2017 Sunday School Teachers

We want to thank our 2016-2017 Sunday School Teaching Team: 3 Year Olds - Sandra Talbird, Richard Gray, and Allison Moon; 4 Year Olds - Jane Womack, Cathy Connors, and Rachel Crigger; Kindergarten - Barb Villano, Francine Pearce, and Tara Muller; 1st Grade - Jodi Jeffries, Vickie Deese, Lydia Wong, and Amy Joyce; 2nd Grade - LaQuinta Jernigan, Christina Catton, Anna Pittman, and Melissa Reddan; 3rd Grade - Sherri Hubbard, Christina

Ammerman, Myrna Belington, and Josh Geigerman; 4th Grade - Susan Hill, Guy Antonides, Heather Gates, and Marcia Hardenbrook; 5th Grade - Ramsey McIntire, Mike Tanner, Lynn Tovar, and Steve Villano.

Children ages 3 through 5th grade are welcome to join Sunday school at any time. Sunday school meets in the education building most Sundays, mid-September to mid-May, starting at 10:10 a.m. Please join us!

Thanks to Our Sunday School Teachers!



Children's Stewardship Update

Our children continue to be generous and have increased the children's stewardship donations to almost \$350.00! From June 2016 to May 2017, children's stewardship funds are being collected for Children's Note in the

Pocket Sort Day that will be held on June 4, 2017 at 10:10 a.m. Please contribute as the children continue toward their \$3000 goal which will fund the cost of the sorting day!



Children's Outreach Collection

Our first set of Socks and Undies Sundays for Note in the Pocket will conclude on Oct. 9. Everyone is invited to bring new socks and undies – any size and gender – for Wake County children in need. We will also accept new and like new clothing and shoes – any size and gender are welcome. Please place all donations

in the Note in the Pocket bin in the narthex. Thank you so much!

You can learn more about Note in the Pocket and how they are helping underprivileged children in Wake County by going to their website www.noteinthepocket.org.



Clergy-led Children's Chapel

Clergy-led children's chapel is underway! All 3rd, 4th, and 5th graders are invited to join our clergy for a "big kid" chapel session during the 9:00 a.m. worship service on Oct. 16th. Please join

Father George, Father Javier, and Father Carr for these special lessons! Stay tuned for additional clergy-led chapel dates



Are you in touch with "What's Happening"?

If you would like to receive weekly emails about Sunday school lessons, children's chapel lessons and St. Paul's events for children, please email

Christine Ingram at christine.ingram@stpaulscary.org. Be in the know about all things related to children at St. Paul's!



Pajama Sunday

Wear pajamas to church? Why not? As a treat for all the children, Nov. 6 (Daylight Saving Sunday) will be "wear your pajamas to church" Sunday. Please follow dress code restrictions

established by Wake County Public Schools. We will also celebrate Daylight Saving with another Pajama Sunday on March 12, 2017.



Pre-EYC

Pre-EYC has kicked off with a bang! All 4th and 5th graders are welcome to join us for food and fellowship on the 2nd and 4th Sundays of each month. We meet in the parish hall from 11:15 a.m. to 1:00 p.m. October will be a special month as we will be doing our Reverse Trick or Treating at Glenaire on Oct. 23 – we will

leave the church at 10:20 a.m. and parents can pick up their children at 1:00 p.m. We will also be gleaning sweet potatoes for the Society of St. Andrew on Oct. 8. More information about Reverse Trick or Treating and gleaning will be available soon.



Communion Class

Communion Classes – Planning ahead!

All children in 1st grade and up that would like to receive Eucharistic education may participate in Communion classes. In 2017 classes will be held on March 12, 19, and 26. Our Communion Celebration will be held at the 9:00 a.m.

worship service on April 2, 2017. Classes are led by our clergy and are held during the Sunday school hour. Please contact Christine Ingram with any questions.



Christmas Pageant – Start the Countdown!

Our annual Christmas Pageant will be held at the 9:00 a.m. service on Sunday, December 11, 2016. All children ages 3 through 5th grade are invited to participate. Rehearsals are scheduled

for Friday evening, Dec. 9 – speaking parts only, and for Saturday morning Dec. 10 from 9am to 12pm. Christmas Pageant participation forms will be distributed on October 30.

2016 Children's Ministry Calendar

Date	Event	Date	Event
Oct 6	Note in the Pocket Drive	Nov 20	Pre-EYC meets at 11:15 am
Oct 8	Pre-EYC Gleaning: 10a.m. - 1 p.m., All are Welcome	Nov 27	Intergenerational Event - Coffee Hour / No Sunday School
Oct 9	Note in the Pocket Drive Ends	Dec 4	St. Nicholas Sunday / Last Day of SS / Pre-EYC Christmas Party
Oct 16	Clergy-let Chapel, 9:00 am Worship Service	Dec 9	Christmas Pageant Rehearsal 6-8pm
Oct 23	Pre-EYC Reverse Trick or Treating 11:15 am-1 pm	Dec 10	Christmas Pageant Rehearsal 9am-12pm
Oct 30	Pageant Forms Distributed / Pumpkin Carving, Chili Cookoff and Youth Carnival 5 pm	Dec 11	Christmas Pageant 9am Service / No Children's Chapel or Sunday School
Nov 6	PJ Sunday / Daylight Savings Ends	Dec 18	No Children's Chapel or Sunday School / No Pre-EYC
Nov 12	Pre-EYC to Note in the Pocket 10:00 am to 12 pm	Dec 24	Christmas Eve Service for Young Families- 4pm
Nov 13	Pageant Parts given out / Stewardship Brunch - Pre-EYC assist	Dec 25	No Children's Chapel or Sunday School / No Pre-EYC



YOUTH

*Fostering the love of
Christ in the youth of
St. Paul's.*

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Youth Coordinator
Leah Dail
Leah.Dail@stpaulscary.org

The mission of the Youth Ministry is to develop a spiritually rich community of young people through fellowship, fun, education, service, and worship. Our Core Development Values are the foundation of our ministry and define what is most important. They are:

✦ Fellowship ✦ Education ✦ Fun ✦ Growth ✦ Spiritual Development ✦ Service ✦ Inclusiveness ✦ Respect

Episcopal Youth Community

Every young person in grades 6-12 who attends St. Paul's is welcome to be a part of the Episcopal Youth Community (EYC). Friends are always welcome to attend. EYC gathers on Sunday nights for fellowship and fun activities from 5:00

– 7:00 p.m. with a shared meal at 6:30 p.m. We combine lots of zaniness – games, songs, lots of action – with worship and service. It's organized chaos but it works!

Youth Registration

Please check the Youth Page on the St. Paul's website

(www.stpaulscary.org/ministries/youth/) for registration forms or contact Leah Dail at leah.dail@stpaulscary.org for hard copies. The following must be

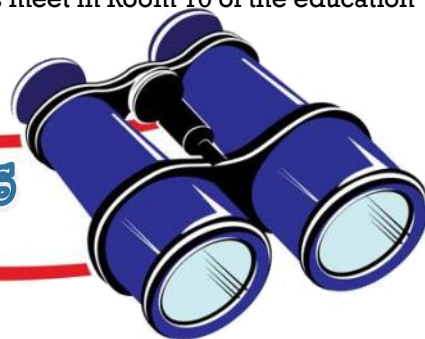
turned in to participate in any youth events: information form, youth covenant, medical release, media release, and behavior agreement.

Youth Sunday School



Come join us for youth Sunday school! There is a middle school class for 6th-8th graders and another for high schoolers, grades 9-12. The Sunday school hour is from 10:15-11:00 a.m. (between services). Middle schoolers meet in the youth wing – and, no need to go by coffee hour, we will have snacks for you there. High schoolers meet in Room 10 of the education building.

Youth Ministry October Events



October 1: Lobster Fest 10 AM – 2 PM



This is one of the parish's biggest fundraising events for both inreach and outreach programming. Youth help indoors with customers and tables, and outside wherever needed. As with all

things youth, we manage to have a lot of fun, so please sign up to help: <http://www.signupgenius.com/go/20f0d49afaa2fa7fb6-lobster>.

October 2: EYC - Meet Rev. Javier Almendarez Bautista 5-7 PM

It's a night to get to know Rev. Javier, the newest member of our clergy, and let him meet all of us. It is also a chance to ask a priest a question, so come ready!





October 8: Gleaning 10 AM – 1 PM

We are participating in the Society of St. Andrew's "Yam Jam" by gleaning sweet potatoes at the Great Harvest at First Fruits Farm near Louisburg, NC. What is gleaning? It's going back over a field to find produce that may have been missed during the first picking / harvest. It is amazing how much food gets missed. It's work, but it's fun to do it together and it helps feed a lot of people. More information will be available closer to the date.



Society of St. Andrew
GLEANNING AMERICA'S FIELDS - FEEDING AMERICA'S HUNGRY

October 9: Regular EYC 5 - 7 PM

October 16: Middle School EYC Only 5 - 7 PM

The high schoolers will have hosted the Appalachia Service Project luncheon earlier in the day, so this is a time JUST for middlers. It's going to be game night, so bring your favorite card game or board game to play. We'll have fun relaxing and gaming.



October 21: Second Chance Prom 6 - 10 PM

This is a fundraising event put on by the youth for adult parishioners with a "Blast From the Past" theme. It will raise funds for the youth mission trips. Youth help is needed, so sign up at: <http://www.signupgenius.com/go/10c0b4dafa922aafb6-oldschool>.


October 23: Regular EYC 5 - 7 PM

October 30: Carnival 3 - 8 PM

The Carnival on Sunday is a **BIG** Youth Ministry event. It's a fundraiser for our Middle School Mission trip to the Episcopal Farmworker's Ministry each summer. Children's Ministry families first carve their pumpkins and then they come down to us for our Carnival and Trunk or Treat that we set up and run. It takes A LOT of help, so plan to be here at 3:00 p.m. for set up and stay through clean-up (by 8:00 p.m.). Wear a costume if you'd like.

Meals: We need parents to help with EYC meals on Sunday nights. Please sign up at www.SignUpGenius.com/go/10C0948AAA2FA6F49-eycmeal.

Trunk or Treat



EYC invites parishioners and ministries to gather in the church lot and create Spooktacular trunks for our adorable trick or treaters at the Pumpkin Carving & Carnival on October 30th from 6-8 p.m. Please have cars set up by 5:45 p.m. This is a High School Missions fundraiser, with 25¢ votes by attendees. We ask that you use kid friendly decorations and provide trick or treat candy. If you would like to host your trunk, please contact Laura Sechler (lsechler@gmail.com).

Please stay connected! Send in your registration forms so we have your contact information. Check your weekly emails. Check the Youth webpage at www.stpaulscary.org/ministries/youth/. Keep up with us on social media:



St Paul's Cary EYC



@youthstpaul



youthstpauls

Happy 2016-2017 School Year!

The preschool is buzzing with excitement as the children jump back into the fun at St. Paul's! They are playing with new friends, creating cool art projects, singing songs, cooking yummy treats, collecting acorns, planting in the school garden and much, much more. Most of the children come to school each day with a huge smile on their face which makes us all happy!

The children got a kick out of the Soccer Shots demonstration. The Soccer Shots coach showed them fun ways to play soccer and score a goal. Everyone took a turn dribbling the ball while their friends cheered from the sidelines.

All of our wonderful Moms enjoyed eating a muffin before school and socializing with their preschool friends during Muffins for Moms. Once again, the blueberry muffins were the favorite!

TCBY hosted our 3rd Annual Ice

Cream Social. The preschool families enjoyed vanilla, chocolate, or sorbet with M&M's, sprinkles and chocolate syrup. Delicious!

The 3's, 4's and TK classes attended their first chapel with Father Javier. They were thankful for dinosaurs, friends and family, and an Avengers costume!

We are looking forward to October as Dads will get to come have donuts with us. We will celebrate Halloween in a non-spooky way and the 3, 4, and 5 year olds will proudly march in our annual Halloween Parade on Thursday, October 27th.

Happy fall! Blessings.

Brooke Bowersox

St. Paul's Preschool Director

October Dates

October 4th: Drop and Shop
 October 20th: Donuts for Dads
 October 27th: Halloween Parade
 October 31st: No School – Teacher workday



Preschool News

Adult Formation Opportunities

SUNDAY MORNING ADULT FORMATION

Chapel, 10:15 – 11:00 a.m.

Scripture and Formation

- Oct. 2: "Made in God's Image: Formed by the Old Testament" by Rev. Javier Almendarez Bautista.
- Oct. 9: "The Formation of the New Testament" by Andrew Zawierucha.
- Oct. 16: "Introduction to The Parables of Jesus: Formed by the New Testament" by Garrett Briggs.
- Oct. 23: "The Parables of Jesus: The Parable of the Sower: Formed by the New Testament" by Garrett Briggs.
- Oct. 30: "The Parables of Jesus: The Parable of the Prodigal Son: Formed by the New Testament" by Garrett Briggs.

WEDNESDAY EVENING ADULT FORMATION

Youth Wing, 7:00 – 8:00 p.m.

Scripture and Formation

- Oct. 5: "The Harvest," a documentary film about agricultural child labor in America. This class will run until around 8:30 p.m.

A three-week formation series entitled *Life Together: Belonging in the Church* and led by Rev. Javier Almendarez Bautista. Dates are Oct. 12, 19, and 26.

THE DAILY OFFICE. A series of prayers for daily devotions in the morning and evening. Recordings are made by St. Paul's readers and are available in MP3 format at www.stpaulscary.org. Readings by St. Paul's readers are also broadcast on the Church Broadcasting Entity Radio (THE-CBE.org).

JULIAN GATHERING. Meetings are held on the second and fourth Wednesdays of each month at 9:15 a.m. for contemplative prayer and the study of Julian of Norwich. Julian was a 14th century mystic and author of *The Revelations of Divine Love*, often acknowledged as one of the world's great spiritual classics. For more information, contact Lanny Wase, lannywase@mac.com, 919-466-9050.



(Continued on page 12)

Adult Formation Opportunities *(continued)*

(Continued from page 11)

PEOPLE OF ALL COLORS AND CULTURES TOGETHER (PACCT).

Meetings are held on the first Tuesday of each month at 7:00 p.m. in the youth wing to discuss race relations and diversity in our community and America. For more information text Andrea at 919-348-9599.

THE WOMEN'S STUDY GROUP.

A group for women who are interested in reading and discussing literature. The

group alternates reading fiction and non-fiction each month. Many, but not all, of the selections have spiritual /religious themes. Meetings are monthly on the second Tuesday from 12:00 noon to 1:30 p.m. in the bride's room. Child care is available on request. For more information, contact Leah Dail, LeahDail@gmail.com.

*Submitted by Beth Barnes
and St. Paul's Adult Education Committee*

Outreach

Farmworker Immersion Experience

On Friday, July 29, fifteen members of St. Paul's including two clergy (Javier Almendarez Bautista and Sarah Phelps) went to visit thirty migrant farmworkers in a labor camp in Sampson County, NC. We were accompanied by Juan Carabana of the Episcopal Farmworker Ministry who had arranged with the men in the camp for our visit.

We left St. Paul's at 5:30 in the afternoon and drove to Dunn, NC, where we met Juan at the Episcopal Farmworker Ministry. He told us about the ways in which the ministry aids the farmworkers and answered our questions about daily life in the camps and on the farms. Most of the farmworkers are quite young and come from Mexico, many under the federal government's H2A program. The H2A program permits farmworkers to work here for about six months during the growing and harvesting seasons.

We waited for the workers to return from the fields which was about eight in the evening. We had brought a supper

despite the language barrier, we were soon communicating over delicious tamales. We learned that the work in the fields is grueling and exhausting with the days often lasting fourteen hours. The men battle dehydration, and the effects of contact with pesticides and the toxic tobacco leaves. We felt humbled by the sacrifices they make daily to bring food to our tables. For the sake of their families at home, they labor from dawn to dusk in a foreign land – our land. They live in cement block buildings with poor ventilation and stifling heat. The isolation seems to be even harder on them than the poverty. We were the first church group to visit them this year, and they welcomed us, quietly at first, but after a while, we were sharing stories as well as fellowship. There was much to admire about these men who shoulder their circumstances with such dignity. They spoke of their hopes for the future and of their love for their families back home. A benefit of modern technology is that during their six months away from home, they can keep in close contact with loved ones through calls, Facetime, and emails home. We left humbled by the experience and grateful to Katie Bricio and Sarah Phelps for their work in arranging for this trip.

Submitted by Gail Hermann



Episcopal Farmworker Ministry



of handmade (not by us!) tamales, desserts, fruit, and lots of cold water and Gatorade. Javier said grace, and we all started to get to know each other, and

Blood Collection Drive

Do you have the desire to help others and become an "everyday super hero?" Now is your chance! Please consider donating blood at our blood drive on Saturday, October 29 from 9:00 a.m. until noon. If you are 17 years old, at least 110 pounds and in good health, you are wanted! You can save up to 3 lives with

just one pint of blood. Please consider giving the gift of life! There is a sign up link on the website. Please email Lisa Walt at Lisa.Walt@yahoo.com with any questions.

Submitted by Lisa Walt



A Wheels4Hope Car Blessing at St. Paul's on Sunday, Oct. 16

Please join us on Sunday, October 16. St. Paul's will be sponsoring a Wheels4Hope Car Blessing during coffee hour in the church parking lot. You are invited to join in!!!

What is a Wheels4Hope Car Blessing?

Wheels4Hope accepts donations of used vehicles, refurbishes them in their garage, and places them with our neighbors who need a hand-up. A car blessing is when sponsors (St. Paul's members), Wheels4Hope staff and volunteers, and the vehicle recipients

gather to meet each other and bless the car on its way with its new owner. This is a great opportunity to learn what a vehicle means to a recipient who didn't previously have one, to understand the contribution St. Paul's makes through its sponsorship and vehicle donations by members, and to learn how you can get involved. Please join us during coffee hour (10:15 AM) on Sunday, October 16!!

For more information about Wheels4Hope, please visit www.wheels4hope.org or call 919-832-1941.

Submitted by Mike Sweeney



A Wheels4Hope Car Blessing at St. Paul's in 2015



REFUGE for REFUGEES

Refuge for Refugees – Update

Karen Family: The family is doing very well, thanks to the tireless efforts of many of you! The family still needs help with a few remaining transportation needs for dental work. See this www.signupgenius.com/go/5080849acael-help. Or contact our Team Leader for this family, David Hatch.

Volunteering: Please remember that if you want to volunteer to do any driving, you must be approved by the agency with which we work, the U.S. Committee for Refugees and Immigrants (USCRI). But that's EASY to do! Print off the "Forms For Background Checks" from this page. www.stpaulscary.org/ministries/outreach/#refugee. The forms

may seem like a lot of paper but the info required is very minimal! Then just shoot us an email at refugeforrefugees@stpaulscary.org letting us know when you have mailed them to USCRI, and we will keep track of when you become "approved."

Next Up: Stay tuned for plans to welcome a third family in November! If you've been sitting on the fence about filing out and submitting your volunteer forms, do it now! And if you have a hankering to visit Bed, Bath and Beyond, we'll be letting you know what we need soon!

Submitted by R4R Committee

Dorcas Ministry Update

We welcome Janet Bowen as our newest St. Paul's volunteer with the Dorcas Ministry.

Classes are being offered at the Dorcas Ministries Job Training Center. Check out the opportunities in the calendar below and at <http://dorcascary.org/wp-content/uploads/2012/10/October-2016-Dorcas-Training-Center-Calendar.pdf>.

One of the classes available is the "Better Together Challenge." Get support to overcome the hard stuff. Give support to other people facing challenges. This program is led by Jim Workman, a licensed marriage and family therapist, on Monday evenings (Oct 3rd - Nov 28th) from 6:30 – 8:00 p.m. at Dorcas Ministries, 187 High House Road, Cary. Register now by calling 919-469-9861, ext 204.

*Submitted by Nancy Fierke
Dorcas Ministry Leader*

October 2016						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2	3 Training Center 10-1 Better Together 6:30-8PM	4 Training Center 10am - 1pm Mobile Health Clinic 10-1	5 Training Center 10am - 1pm ESL CLASS 1-3PM	6 Training Center 10am - 1pm +Computer Skills Training ESL CLASS 1-3PM	7 Training Center 10am - 1pm	8
9	10 Better Together 6:30-8PM	7	12 Hire Yourself! (9-12 M-Th) ESL CLASS 1-3PM Financial Empowerment 6pm to 8pm	13 ESL CLASS 1-3PM	14 Training Center 10am - 1pm	
16	17 Training Center 10-1 Better Together 6:30-8PM	18 Training Center 10am - 1pm Mobile Health Clinic 10-1	19 Training Center 10am - 1pm ESL CLASS 1-3PM	20 Training Center 10am - 1pm +Computer Skills Training ESL CLASS 1-3PM	21 Training Center 10am - 1pm	
23	24 Training Center 10-1 Better Together 6:30-8PM	25 Training Center 10am - 1pm	26 Training Center 10am - 1pm ESL CLASS 1-3PM	27 Training Center 10am - 1pm +Computer Skills Training ESL CLASS 1-3PM	28 Training Center 10am - 1pm	29
30	31 Training Center 10-1					

Hire Yourself! Learn about businesses you can start that cost very little and have great earning potential – Taught by Wake Tech Instructors.

Better Together Challenge Conquer chaos. Find your focus. Strengthen stress resistance through group support and facilitated by licensed clinicians. 8 weeks, Mondays 6:30-8:00

Dorcas Training Center offers: Job coaching, resume help, interview tips, budget counseling, and free computer lab with internet access.

Dorcas has many scholarship programs. See our website for details: Dorcascary.org, email outreach@dorcascary.org or call Michelle 919-469-9861, ext 204



Music Ministries Has Begun for the 2016-17 Season

Rehearsals are now underway for all eight of St. Paul's' musical ensembles.

If you have ever sung or played an instrument, then you most probably have the skills to be in a choir or play handbells. Youth and children who are currently playing an instrument or singing in a choir at school most definitely should be participating in an age appropriate musical group at St. Paul's. There is a lot of joy in making music for worship services in a group that is greater than the sum of its parts. All ensembles are under the direction of Rusty McKinney, except for the Epiphany Choir, which is led by Andrea Dreier.

All three of the handbell choirs (Bells of St. Paul's, Canterbury Bells, and Advent Bells) are currently full. However, we can always use substitutes for the upper level groups and if you have a child in the 3rd-5th grade who is very interested in learning handbells, I will see what we can do to work them in.

All vocal choirs need more members. We have a particular need for 9:00 Choir, Advent Choir (children 3rd-5th grade), and Epiphany Choir (children K-2nd grade) as those are small choirs. Canterbury Choir and St. Paul's Choir welcomes any new voices as well.

There are already some new faces in all of these groups and promises of more to come. This is the time to join! We are already preparing music for special events through the end of December.

Contact Rusty McKinney, Minister of Music at rusty.mckinney@stpaulscary.org or at 919-467-6241 if you are interested in learning more or to join an ensemble.

Music Ministries Weekly Rehearsal Schedule

Tuesday		
6:00 - 7:00 p.m.	Bells of St. Paul's (Adult)	Church
7:00 - 8:00 p.m.	Canterbury Bells (Youth Gr. 6-12)	Church
8:00 - 9:00 p.m.	Canterbury Choir (Youth Gr. 6-12)	Choir Room / Church
Wednesday		
6:00 - 6:45 p.m.	Epiphany Choir (Children Gr. K-2)	Church
6:00 - 6:45 p.m.	Advent Choir (Children Gr. 3-5)	Choir Room
6:45 - 7:15 p.m.	Advent Bells (Children Gr. 3-5)	Church
7:30 - 9:30 p.m.	St. Paul's Choir (Adult)	Choir Room / Church
Sunday		
8:15 a.m.	9:00 Choir (Adult, Teen)	Choir Room
10:30 a.m.	St. Paul's Choir (Adult)	Choir Room

Contact Rusty McKinney, Minister of Music, at rusty.mckinney@stpaulscary.org or at 919-467-6241 if you are interested in learning more or to join an ensemble.

Music Ministries Dates to Note

There are several events involving Music Ministries' ensembles that you should make a note of now, so you don't miss them!

November 5- Bells of St. Paul's will participate in the Capital Area Handbell Festival sponsored by the Raleigh Ringers. BSP will perform at the culminating concert at 4:00 p.m. at the Kerr Scott Building on the NC State Fairgrounds.

November 12- Bells of St. Paul's will perform during the Arts and Crafts Festival as will a strolling quartet of carolers from the St. Paul's Choir.

November 13- All vocal choirs at St. Paul's will come together to sing a special offertory anthem at both the 9:00 and 11:15 a.m. services for Stewardship Sunday. And there will be special music offered by some small vocal ensembles at the Stewardship event after the 11:15 a.m. service that same day!

December 18- 4:00 p.m. – Advent Lessons and Carols will be sung by the St. Paul's Choir. This traditional Anglican program of music and scripture readings is sure to deepen your Advent reflections even as the music and readings begin to glimpse the coming of Christmas.



See the Videos

I Am Welcome!
You Are Welcome!
All Are Welcome!

This year's Stewardship Campaign kicks off on October 9th. The stewardship team has put together four very brief videos that feature photos from church activities and audio from interviews of parishioners. We'll show one each Sunday, and you can also find them on the website.

The videos together tell an important narrative. They are a celebration of who

we are as a Christian community. In a world where fear and uncertainty often seem to rule the day, we are called by Jesus to be the Light of the World – to welcome the stranger, feed the hungry, shelter the homeless, support our neighbors, and grow together in Christ.

Through the voices and eyes of our fellow parishioners, we'll hear and see how St. Paul's is striving to live into this calling.

Please come and share in these stories told by your fellow parishioners, Margie, Jean, Mike, Ramsey, Kevin, Javier, Josh, Andrea, Charlotte, Catherine, David, Ted, Andrew, Karen, Allan, Lanny, Mary, Marilyn, LaQuinta, McKenna, Candy, Lydia, Julia, Josh, Melanie, Andrew, Christine, and George.

Many thanks go to Tad, Aleta, Katie, and Brandon, who helped make these videos a reality. Enjoy!

*Submitted by Dan Loughlin
on behalf of the Stewardship Team*

Stewardship CAMPAIGN

Endowment Committee Report

Endowment Fund



St. Paul's has established an endowment – money that is set aside and invested to provide a reliable source of income to the parish for generations to come. Income from the Endowment Fund will help St. Paul's more completely fulfill its mission. Distributions from the fund will not be used for typical

operating expenses, but instead shall be used for purposes such as:

- outreach ministries and grants,
- seed money for new ministries and special one-time projects,
- maintenance and enhancement of the physical plant and grounds, and
- purposes that are specifically designated by donors.

Distributions from the Endowment Fund may begin once the fund total has reached \$100,000. As of July 31, 2016 the

Fund balances are:

General Endowment Fund	\$39,668
Outreach Subfund	\$18,136
Grounds Subfund	\$23,247
TOTAL	\$81,051

Please consider making a gift to the St. Paul's Endowment Fund. Commitments can take many forms, including a monetary gift, a bequest in a will, designation of the Endowment Fund as a beneficiary of a life insurance policy, and instruments such as charitable remainder trusts. Donors interested in a particular ministry or need of St. Paul's may designate their gift or combined gifts of over \$10,000 for that purpose. Undesignated gifts to the endowment allow the church to address future needs as they arise without restrictions.

For more information visit our web site at www.stpaulscary.org/stewardship/endowment/.

Submitted by Frank Laney

Sunday Schedule







7:30 a.m.	Eucharist Rite I	11:15 a.m.	Eucharist Rite II
8:45-12:30	Kids' Club	11:15 a.m.	Children's Chapel
9:00 a.m.	Eucharist Rite II	11:15 a.m.	Pre-EYC (2 nd & 4 th Sunday)
9:00 a.m.	Children's Chapel	5:00 p.m.	Middle School EYC
10:00 a.m.	Fellowship-Coffee	5:00 p.m.	High School EYC
10:10 a.m.	Education Hour		



October
2016

Wednesday Schedule

10:30 a.m.	Prayer Stitches
12:15 p.m.	Liturgy Meeting
6:00 p.m.	Epiphany Choir
6:00 p.m.	Advent Choir
6:45 p.m.	Advent Bells
7:30 p.m.	St. Paul's Choir

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>2 SUNDAY SCHEDULE</p> <p>1:00pm BLESSING OF THE ANIMALS</p>  <p>BLESSING of the Animals</p>	<p>3 7:00pm Newcomer Class</p> <p>7:00pm AA</p>	<p>4 9:30am Preschool "Drop & Shop"</p> <p>6:00pm Bells of St. Paul's</p> <p>7:00pm Mystery Book Club</p> <p>7:00pm PACCT</p> <p>7:00pm Canterbury Bells</p> <p>8:00pm Canterbury Choir</p>	<p>5 WEDNESDAY SCHEDULE</p> <p>10:00am Prayer Stitches</p> <p>12:15pm Liturgy Meeting</p> <p>7:00pm Baptism Class</p> <p>7:00pm Adult Formation</p> <p>7:30pm Stewardship</p>	<p>6 2:00pm Senior Ministry</p>	<p>7 9:00am St. Paul's Choir Practice</p>	<p>1 LobsterFest</p> <p>10 AM TO 4 PM</p>
<p>9 SUNDAY SCHEDULE</p> <p>10:00am STOP HUNGER NOW</p> <p>NOTE IN THE POCKET DRIVE ENDS</p>  <p>STOP HUNGER NOW</p>	<p>10 7:00pm Finance Committee</p> <p>7:00pm Newcomer Class</p> <p>7:00pm AA</p>	<p>11 12:00noon Women's Study Group</p> <p>1:30pm Arts & Crafts</p> <p>6:00pm Bells of St. Paul's</p> <p>7:00pm Canterbury Bells</p> <p>8:00pm Canterbury Choir</p>	<p>12 WEDNESDAY SCHEDULE</p> <p>9:15am Julian Gathering</p> <p>10:00am Prayer Stitches</p> <p>12:15pm Liturgy Meeting</p> <p>7:00pm Adult Formation</p> <p>7:30pm Stewardship</p>	<p>13 7:00pm Contemplative Studies w/ Merton</p>	<p>14 8:00am CAPTA</p>	
<p>16 SUNDAY SCHEDULE</p> <p>9:00am Clergy-led Chapel for Children</p> <p>11:00am ASP Luncheon</p> <p>ASP</p> <p>Appalachia SERVICE PROJECT™</p>	<p>17 7:00pm Vestry</p> <p>7:00pm Newcomer Class</p> <p>7:00pm AA</p>	<p>18 10:00am Communications Committee</p> <p>6:00pm Bells of St. Paul's</p> <p>7:00pm Canterbury Bells</p> <p>8:00pm Canterbury Choir</p>	<p>19 WEDNESDAY SCHEDULE</p> <p>10:00am Prayer Stitches</p> <p>12:15pm Liturgy Meeting</p> <p>7:00pm Adult Formation</p> <p>7:30pm Stewardship</p>	<p>20 7:00pm MLRC</p> <p>7:00pm Adult Ed Committee</p>	<p>21 7:00pm Rainbow Gathering</p>	<p>22 12:30pm Treasure Keepers</p> <p>6:30pm Youth Dance</p>
<p>23 SUNDAY SCHEDULE</p> <p>11:15am Pre-EYC</p>	<p>24 7:00pm Care and Share</p> <p>7:00pm IT</p> <p>7:00pm AA</p>	<p>25 1:30pm Arts & Crafts</p> <p>6:00pm Bells of St. Paul's</p> <p>7:00pm Canterbury Bells</p> <p>8:00pm Canterbury Choir</p>	<p>26 WEDNESDAY SCHEDULE</p> <p>10:00am Prayer Stitches</p> <p>12:15pm Liturgy Meeting</p> <p>7:00pm Adult Formation</p> <p>7:30pm Stewardship</p>	<p>27 9:45am Preschool Halloween Parade & Trick or Treat</p>	<p>28 8:00am Blood Drive</p>	<p>29 BLOOD DRIVE</p> <p>ANNUAL MEETING</p> 
<p>30 SUNDAY SCHEDULE</p> <p>5:00pm Pumpkin Carving + Chili Cook-off + Carnival + Trunk or Treat</p> 	<p>31 NO PRESCHOOL</p> <p>7:00pm AA</p> 	<p>ALL SAINTS DAY</p> 				

ST. PAUL'S EPISCOPAL CHURCH

Sunday Services: 7:30 a.m., 9:00 a.m., & 11:15 a.m.



ST. PAUL'S EPISCOPAL CHURCH

221 Union Street
Cary, NC 27511

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THE PEOPLE OF ST. PAUL'S

Clergy

The Rev. George Adamik, Rector

x 13 | George.Adamik@stpaulscary.org

The Rev. Javier Almendarez Bautista, Associate Rector

X 12 | Javier@stpaulscary.org

The Rev. Antoinette Wike, Priest Associate

Tony.Wike@stpaulscary.org

The Rev. Candy Snively, Deacon

Candy.Snively@stpaulscary.org

Vestry

Senior Warden: Julia Rudy

Junior Warden: Sherri Hubbard

Charlotte Heath, Dan Loughlin, Dave Mackie,

Carter Collins, Ralph Greco, Frank Laney,

Rick Bradley, LaQuinta Yvette Jernigan, Jeff Kager, Karen Smith

Treasurer: John Goehrke — Clerk: Lanny Wase

Staff

**Christine Ingram, Parish Administrator /
Director of Children's Ministries**

Church School Office 467-2578

x 19 | Christine.Ingram@stpaulscary.org

ParishAdmin@stpaulscary.org

Christa Magee, Assistant to Children's Ministries

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Joanna Li, Organist

Brooke Bowersox, Preschool Director

Preschool Office 467-3788

x 16 | Brooke.Bowersox@stpaulscary.org

Laura Gorman, Nursery / Kids' Club Director

Laura.Gorman@stpaulscary.org

Leah Dail, Youth Coordinator

x 23 | Leah.Dail@stpaulscary.org

Melanie Fairbrother, Office Manager

x 10 | Melanie.Fairbrother@stpaulscary.org

Sunday Service Schedule

7:30 a.m.	Eucharist Rite I
8:45 a.m. - 12:15 p.m.	Kids' Club
9:00 a.m.	Eucharist Rite II
9:00 a.m.	Children's Chapel
10:00 a.m.	Coffee Hour / Fellowship
10:10 a.m.	Education Hour
11:15 a.m.	Eucharist Rite II
11:15 a.m.	Children's Chapel

Church Phone: 919-467-1477

Fax: 919-467-0152

Web Site: www.stpaulscary.org